

Individual Best Times (All Time)

Jason Ashley - (764699) - Newport Pagnell SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.34	474	F	17/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	Newport Pag	2
28.48	467	H	17/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	Newport Pag	2
28.91	447	F	29/06/19	NPSC Club Championships-Progress Meet 2019	Bletchley	Newport Pag	4
29.15	436	F	01/12/18	Maxwell December Meet	Aylesbury	Newport Pag	3
29.18	435	F	18/11/18	Watford November 2018 County Qualifier	Garston	Newport Pag	3
29.48	421	H	09/12/18	Team Luton 2018 Winter Development Meet	Inspire Luton	Newport Pag	3
29.63	415	F	30/06/18	NPSC Club Championships Progress Meet 2018	Bletchley	Newport Pag	4
29.65	414	F	09/09/18	NPSC Club Championships Progress Meet 2018	Wolverton	Newport Pag	4
29.81	408	F	02/12/17	Maxwell Last Chance County Qualifier	Aylesbury	Newport Pag	3
29.93	403	H	11/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	Newport Pag	2
30.10	396	F	08/10/17	Maxwell October Meet	Aylesbury	Newport Pag	3
30.23	391	F	11/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	Newport Pag	2
30.31	388	F	21/10/17	NPSC Club Championships Progress Meet	Bletchley	Newport Pag	4
30.62	376	F	04/03/17	CMKSC Annual Spring Open Meet	Bletchley	Newport Pag	3
30.84	368	H	13/10/18	Marlborough Penguins 3rd Emperor 60th Anniversary	Swindon	Newport Pag	2
30.95	364	H	12/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Newport Pag	2
31.34	351	F	12/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	Newport Pag	2
31.50	345	F	22/10/16	Newport Pagnell Club Champs Progress Meet	Bletchley	Newport Pag	4
31.88	333	F	19/11/16	CMK November Open Meet (Level 3)	Milton Keynes	Newport Pag	3
31.95	331	F	03/12/16	Maxwell Last Chance Counties December Meet	Aylesbury	Newport Pag	3
32.99	301	F	26/06/16	CMKSC Annual End of Season Open Meet	Milton Keynes	Newport Pag	3
33.18	295	H	16/07/16	Team Luton Fast & Furious III Sprint Meet	Luton	Newport Pag	3
33.42	289	F	20/03/16	NPSC Club Championships Progress Meet	Milton Keynes	Newport Pag	4
33.96	275	F	03/04/16	CMKSC Annual L3 Spring Open Meet	Milton Keynes	Newport Pag	3
37.02	213	H	18/03/12	Oxon & North Bucks County Championships	Aylesbury	Co Milton K	2
37.26	208	F	18/11/12	City of Milton Keynes 502400s Open Meet	Milton Keynes	Co Milton K	2
37.33	206	F	18/03/12	Oxon & North Bucks County Championships	Aylesbury	Co Milton K	2

37.39	206	F	16/03/12	Oxon & North Bucks County Championships	Aylesbury	Co Milton K	
37.89	198	F	02/12/12	City of Peterborough Winter Open Meet	Peterborough	Co Milton K	3
38.81	184	F	24/11/12	City of Peterborough SC Grand Prix Series	Peterborough	Co Milton K	4
38.90	183	F	26/02/12	City of Peterborough Mini Grand Prix Gala	Peterborough	Co Milton K	4
40.13	167	F	28/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Co Milton K	2
40.24	165	F	20/11/11	City of Milton Keynes 502400's Meet	Bletchley	Co Milton K	2
41.38	152	H	17/07/11	Swindon Dolphins End of Season Meet	Swindon	Co Milton K	3
42.03	145	F	13/03/11	Oxfordshire & North Buckinghamshire Champs	Aylesbury	Co Milton K	2
42.61	139	F	26/11/11	City of Peterborough Mini Meet Round 1	Peterborough	Co Milton K	4
44.24	124	F	27/11/10	City of Peterborough Mini Meet Grand Prix	Peterborough	Co Milton K	4
45.00	118		27/11/10	Peterborough Mini Meet	Peterborough	Co Milton K	4

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