



|         |     |          |                           |                |              |   |
|---------|-----|----------|---------------------------|----------------|--------------|---|
| 1:32.24 | 143 | 12/12/10 | Waltham Forest Open       | Waltham Forest | BorRedbridge | 3 |
| 1:38.09 | 119 | 15/05/10 | London Boro Enfield Open  | Enfield        | BorRedbridge | 3 |
| 1:39.11 | 115 | 20/06/10 | Epping Forest Summer Meet | Loughton       | BorRedbridge | 3 |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet   | Venue          | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------------|-----------------|-------|
| 1:05.06 | 409    | H     | 08/11/15 | ASA London Region Winter Short Course Championship | London         |                 | 2     |
| 1:06.26 | 388    | H     | 24/10/15 | Essex Senior Short Course Championships 2015       | Basildon       |                 | 2     |
| 1:04.82 | 414    | F     | 04/10/15 | LBRSC Early County & Regional Qualifier            | Fullwell Cross | BorRedbridge    | 3     |
| 1:03.01 | 451    | F     | 15/02/15 | Essex County Age Group Championships 2015          | Basildon       |                 | 2     |
| 1:03.11 | 449    | H     | 15/02/15 | Essex County Age Group Championships 2015          | Basildon       |                 | 2     |
| 1:05.26 | 406    | H     | 29/11/14 | Essex Senior Junior Championships                  | Basildon       |                 | 2     |
| 1:06.03 | 392    | H     | 09/11/14 | BOSS Firework Spectacular Gala                     | Southend       |                 | 3     |
| 1:04.22 | 426    | F     | 27/04/14 | London Borough of Redbridge Meet 2014              | Barking        | BorRedbridge    | 3     |
| 1:05.34 | 404    | F     | 30/03/14 | Essex County Age Groups Championships              | Basildon       | BorRedbridge    | 2     |
| 1:04.10 | 428    | H     | 30/03/14 | Essex County Age Groups Championships              | Basildon       | BorRedbridge    | 2     |
| 1:10.42 | 323    | F     | 21/04/13 | London Borough of Redbridge Regional Meet          | Barking        | BorRedbridge    | 3     |
| 1:09.51 | 336    |       | 06/04/13 | BWFSC Secondary Age Group Meet 2013                | Walthamstow    | BorRedbridge    | 3     |
| 1:12.87 | 291    | H     | 12/01/13 | Cambridge 2013 January Open Meet                   | Cambridge      | BorRedbridge    | 2     |
| 1:13.64 | 282    | F     | 06/01/13 | Redbridge Winter Meet 2013                         | Barkingside    | BorRedbridge    | 3     |
| 1:13.20 | 287    | H     | 01/12/12 | Thurrock SC County Qualifier                       | Thurrock       | BorRedbridge    | 3     |
| 1:11.96 | 302    |       | 21/10/12 | Romford Town SC 6th SC Open Meet                   | Romford        | BorRedbridge    | 3     |
| 1:11.66 | 306    | F     | 07/10/12 | London Boro Of Redbridge Early County Meet         | Fullwell Cross | BorRedbridge    | 3     |
| 1:11.78 | 305    | F     | 14/07/12 | Barking & Dagenham End of Season Meet              | Dagenham       | BorRedbridge    | 3     |
| 1:13.82 | 280    | F     | 21/04/12 | London Borough of Redridge Regional Sprint         | Fullwell       | BorRedbridge    | 2     |
| 1:17.63 | 241    |       | 07/04/12 | Borough of Waltham Forest Age Group Meet           | Waltham Forest | BorRedbridge    | 3     |
| 1:18.66 | 231    | F     | 08/01/12 | London Borough of Redbridge Winter Meet            | Fullwell Cross | BorRedbridge    | 3     |
| 1:18.39 | 234    |       | 04/12/11 | Canvey Island Annual Winter Meet                   | Thurrock       | BorRedbridge    | 3     |
| 1:19.19 | 227    | F     | 02/10/11 | Redbridge Early County & Regional Qualifie         | Fullwell Cross | BorRedbridge    | 3     |
| 1:29.94 | 155    |       | 19/06/11 | Epping Forest District Summer Meet                 | Epping Forest  | BorRedbridge    | 3     |
| 1:28.21 | 164    | F     | 24/04/11 | Borough of Redbridge Regional Sprint Meet          | Ilford         | BorRedbridge    | 3     |
| 1:27.99 | 165    | F     | 09/01/11 | London Borough of Redbridge Winter Meet            | Ilford         | BorRedbridge    | 2     |
| 1:32.24 | 143    |       | 12/12/10 | Waltham Forest Open                                | Waltham Forest | BorRedbridge    | 3     |
| 1:39.11 | 115    |       | 20/06/10 | Epping Forest Summer Meet                          | Loughton       | BorRedbridge    | 3     |
| 1:38.09 | 119    |       | 15/05/10 | London Boro Enfield Open                           | Enfield        | BorRedbridge    | 3     |