

Individual Best Times (All Time)

Lauren Simpkins - (760522) - Putteridge Swimming Club - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.41	590	F	09/11/19	NASL London Round 2	Inspire, Luton	Putteridge	3
1:05.76	581	F	12/10/19	NASL London Round 1	Inspire, Luton	Putteridge	3
1:05.84	579	H	01/12/19	Putteridge Winter Short Course County Qualifier	Inspire Luton	Putteridge	3
1:06.80	554	F	14/12/19	NASL London Round 3	Becontree		3
1:06.91	552	F	08/10/16	NASL London	Braintree	Putteridge	3
1:08.03	525	F	05/07/15	ASA East Region Inter County Meet	Borehamwood		2
1:08.23	520	H	07/12/14	ASA East Region Winter Championships	Luton		2
1:08.52	514	F	10/12/16	NASL London	Borehamwood	Putteridge	3
1:08.74	509	H	19/10/14	BG ASA National County Team Division 2	Sheffield	Bedfordshire	2
1:09.14	500	H	22/03/14	Bedfordshire Age Group & County Champs	Luton	Putteridge	2
1:09.27	497	H	26/10/14	Flitwick Dolphins Open Meet	Biggleswade		3
1:10.13	479	H	03/10/15	Putteridge SC Club Championships	Hitchin		4
1:10.70	467	F	12/11/16	NASL London	Borehamwood	Putteridge	3
1:11.75	447	F	01/02/14	Hatfield Valentines Meet	Hertfordshire	Putteridge	3
1:12.18	439	H	05/04/14	Dunstable SC Splash Night	Dunstable	Putteridge	4
1:12.34	436	F	19/01/14	Watford County Qualifier Open Meet	Watford	Putteridge	3
1:13.83	410	H	27/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	Putteridge	3
1:14.63	397	H	16/03/13	Bedfordshire County Championships	Luton	Putteridge	2
1:16.97	362	F	24/11/13	Hitchin Open Meet 2013	Hitchin	Putteridge	3
1:17.42	356	H	10/03/12	Bedfordshire County Championships	Biggleswade	Putteridge	2
1:28.44	239		28/11/10	Hitchin Open Meet	Hitchin	Putteridge	3

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