

Individual Best Times (All Time)

James Pope - (758518) - Watford SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:54.55	326	F	08/03/20	Watford March 2020 Regional Qualifier	Garston		3
2:54.94	324	F	15/09/19	Watford Club Championships 2019	Watford	Watford SC	4
2:59.52	299	F	19/09/18	Watford Club Championships 2018	Garston	Watford SC	4
3:09.84	253	F	28/01/17	Herts County Champs & Age Group Champs	Borehamwood	Watford SC	2
3:14.12	237	F	30/11/16	Watford 200 Club Champs	Watford	Watford SC	4
3:22.21	209	F	02/10/16	Harpenden Legacy Meet 2016	Borehamwood	Watford SC	3
3:29.94	187	F	28/06/15	The Terry Davies Alternative Nationals	Watford	Watford SC	3
3:30.02	187	F	17/10/15	Hemel Hempstead 102nd Birthday Open	Hemel Hempstead	Watford SC	2
3:33.98	177	F	04/10/15	Harpenden SC Legacy Open Meet 2015	Borehamwood	Watford SC	3
3:38.97	165	F	21/03/15	Hertfordshire County Championships	Borehamwood	Watford SC	2
3:42.10	158	F	19/10/14	Hemel Hempstead SC 101st Birthday Open	Hemel Hempstead	Watford SC	3
3:45.82	150	F	23/11/14	Watford MD & Sprints Open Meet	Watford	Watford SC	3
3:48.19	146	F	29/06/14	WSC Terry Davies Alternative Nationals	Watford	Watford SC	3
3:49.29	143	F	09/10/14	Watford Club Championships	Watford	Watford SC	4
4:16.06	103	F	02/02/14	Hertsme Flyers Last Chance "No Frills" Gala	Barnet	Watford SC	3

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