

Individual Best Times (All Time)

James Pope - (758518) - Watford SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
58.02	461	F	08/03/20	Watford March 2020 Regional Qualifier	Garston		3
58.59	448	F	17/11/18	Watford November 2018 County Qualifier	Garston	Watford SC	3
58.59	448	F	23/06/19	The Terry Davies Alternative Nationals	Woodside	Watford SC	3
58.68	446	F	02/07/21	Watford	Woodside		0
58.69	445	F	10/11/18	The NASL - London - Rounds 2018 - Div 1 & 2	Herts Sports Village	Watford SC	3
58.76	444	F	08/12/18	The NASL - London - Rounds 2018 - Div 1 & 2	Westminster Lodge	Watford SC	3
58.83	442	H	20/10/18	Team Luton Autumn Short Course Meet 2018	Inspire Luton Sports	Watford SC	3
59.13	436	F	17/03/19	Watford Regional Qualifier 2019	Garston	Watford SC	3
59.15	435	F	13/10/18	The NASL - London - Rounds 2018 - Div 1 & 2	Borehamwood	Watford SC	3
59.27	433	F	01/12/18	City Of St Albans Open Meet Winter 2018	St Albans	Watford SC	3
59.38	430	F	01/11/20	Watford Swimming Club	Northwood College		0
59.52	427	F	14/03/20	City of St Albans Spring Open Meet	St Albans		3
59.55	426	H	26/10/19	Team Luton Autumn Short Course Open Meet	Inspire; Luton	Watford SC	3
1:00.02	416	F	15/09/19	Watford Club Championships 2019	Watford	Watford SC	4
1:00.11	415	H	12/01/20	Swim England Hertfordshire County Championships	Borehamwood	Watford SC	2
1:00.18	413	F	19/09/18	Watford Club Championships 2018	Garston	Watford SC	4
1:00.33	410	F	07/10/18	Harpenden Legacy Meet	Westminster Lodge	Watford SC	3
1:00.50	407	F	24/06/18	The Terry Davies Alternative Nationals	Woodside LC	Watford SC	3
1:01.52	387	H	21/01/18	Hertfordshire County Championships	Borehamwood	Watford SC	2
1:01.71	383	F	10/03/18	CoStA Spring Open Meet 2018	St Albans	Watford SC	3
1:03.01	360	F	08/10/17	Hemel Hempstead Birthday Open	Hemel Hempstead	Watford SC	3
1:04.32	338	F	15/07/17	Watford Club Championships 2017	Hemel Hempstead	Watford SC	4
1:05.25	324	F	18/06/17	The Terry Davies Alternative Nationals	Watford	Watford SC	3
1:08.95	275	F	26/06/16	The Terry Davies Alternative Nationals 2016	Watford	Watford SC	3
1:08.99	274	F	02/10/16	Harpenden Legacy Meet 2016	Borehamwood	Watford SC	3
1:09.78	265	F	13/03/16	Watford Regional Qualifier	Watford	Watford SC	3
1:10.53	258	H	11/02/16	Team Luton 2016 Winter Development Meet	Luton	Watford SC	2

1:10.33	230	F	11/12/16	Team Luton 2016 Winter Development Meet	Luton	Watford SC	3
1:12.41	237	F	04/10/15	Harpenden SC Legacy Open Meet 2015	Borehamwood	Watford SC	3
1:14.03	222	F	28/06/15	The Terry Davies Alternative Nationals	Watford	Watford SC	3
1:14.55	217	H	24/10/15	Team Luton Autumn Short Course Meet	Luton	Watford SC	3
1:14.56	217	F	21/11/15	Watford November County Qualifier Open Meet	Watford	Watford SC	3
1:21.63	165	F	18/06/14	Watford SC Club Championships Sprints 2014	Watford	Watford SC	4
1:23.65	154	F	29/06/14	WSC Terry Davies Alternative Nationals	Watford	Watford SC	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
58.68	446	F	02/07/21	Watford	Woodside		0
59.38	430	F	01/11/20	Watford Swimming Club	Northwood College		0
59.52	427	F	14/03/20	City of St Albans Spring Open Meet	St Albans		3
58.02	461	F	08/03/20	Watford March 2020 Regional Qualifier	Garston		3
1:00.11	415	H	12/01/20	Swim England Hertfordshire County Championships	Borehamwood	Watford SC	2
59.55	426	H	26/10/19	Team Luton Autumn Short Course Open Meet	Inspire; Luton	Watford SC	3
1:00.02	416	F	15/09/19	Watford Club Championships 2019	Watford	Watford SC	4
58.59	448	F	23/06/19	The Terry Davies Alternative Nationals	Woodside	Watford SC	3
59.13	436	F	17/03/19	Watford Regional Qualifier 2019	Garston	Watford SC	3
58.76	444	F	08/12/18	The NASL - London - Rounds 2018 - Div 1 & 2	Westminster Lodge	Watford SC	3
59.27	433	F	01/12/18	City Of St Albans Open Meet Winter 2018	St Albans	Watford SC	3
58.59	448	F	17/11/18	Watford November 2018 County Qualifier	Garston	Watford SC	3
58.69	445	F	10/11/18	The NASL - London - Rounds 2018 - Div 1 & 2	Herts Sports Village	Watford SC	3
58.83	442	H	20/10/18	Team Luton Autumn Short Course Meet 2018	Inspire Luton Sports	Watford SC	3
59.15	435	F	13/10/18	The NASL - London - Rounds 2018 - Div 1 & 2	Borehamwood	Watford SC	3
1:00.33	410	F	07/10/18	Harpenden Legacy Meet	Westminster Lodge	Watford SC	3
1:00.18	413	F	19/09/18	Watford Club Championships 2018	Garston	Watford SC	4
1:00.50	407	F	24/06/18	The Terry Davies Alternative Nationals	Woodside LC	Watford SC	3
1:01.71	383	F	10/03/18	CoStA Spring Open Meet 2018	St Albans	Watford SC	3
1:01.52	387	H	21/01/18	Hertfordshire County Championships	Borehamwood	Watford SC	2
1:03.01	360	F	08/10/17	Hemel Hempstead Birthday Open	Hemel Hempstead	Watford SC	3
1:04.32	338	F	15/07/17	Watford Club Championships 2017	Hemel Hempstead	Watford SC	4
1:05.25	324	F	18/06/17	The Terry Davies Alternative Nationals	Watford	Watford SC	3
1:10.53	256	H	11/12/16	Team Luton 2016 Winter Development Meet	Luton	Watford SC	3
1:08.99	274	F	02/10/16	Harpenden Legacy Meet 2016	Borehamwood	Watford SC	3
1:08.95	275	F	26/06/16	The Terry Davies Alternative Nationals 2016	Watford	Watford SC	3
1:09.78	265	F	13/03/16	Watford Regional Qualifier	Watford	Watford SC	3
1:14.56	217	F	21/11/15	Watford November County Qualifier Open Meet	Watford	Watford SC	3
1:14.55	217	H	24/10/15	Team Luton Autumn Short Course Meet	Luton	Watford SC	3
1:12.41	237	F	04/10/15	Harpenden SC Legacy Open Meet 2015	Borehamwood	Watford SC	3
1:14.03	222	F	28/06/15	The Terry Davies Alternative Nationals	Watford	Watford SC	3
1:23.65	154	F	29/06/14	WSC Terry Davies Alternative Nationals	Watford	Watford SC	3
1:21.63	165	F	18/06/14	Watford SC Club Championships Sprints 2014	Watford	Watford SC	4