

Individual Best Times (All Time)

James Pope - (758518) - Watford SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:16.02	410	F	18/11/18	Watford November 2018 County Qualifier	Garston	Watford SC	3
5:16.49	408	F	11/11/18	Watford & Hemel Hempstead SC Joint Club Champs	Hemel Hempstead	Watford SC	3
5:18.48	400	F	06/10/18	Harpenden Legacy Meet	Westminster Lodge	Watford SC	3
5:22.40	386	F	10/11/19	Watford & Hemel Hempstead Club Championships 2019	Hemel Hempstead		3
5:23.27	383	F	01/12/18	City Of St Albans Open Meet Winter 2018	St Albans	Watford SC	3
5:23.30	383	F	04/03/18	Watford Regional Qualifier	Watford	Watford SC	3
5:32.35	352	F	18/11/17	Watford & Hemel Hempstead Joint Club Champs	Hemel Hempstead	Watford SC	3
5:51.36	298	F	16/11/16	Watford & Hemel Hempstead Club Champs	Hemel Hempstead	Watford SC	3
5:52.64	295	F	18/12/16	Hatfield Christmas Gala	Hatfield	Watford SC	3
5:53.96	291	H	11/12/16	Team Luton 2016 Winter Development Meet	Luton	Watford SC	3

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