

Individual Best Times (All Time)

James Pope - (758518) - Watford SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.40	385	F	08/03/20	Watford March 2020 Regional Qualifier	Garston		3
1:07.12	373	H	19/01/19	SE Hertfordshire County Champs & Age Group Comp	Borehamwood	Watford SC	2
1:07.46	367	F	28/05/21	Watford	Woodside		0
1:07.50	367	H	26/10/19	Team Luton Autumn Short Course Open Meet	Inspire; Luton	Watford SC	3
1:07.51	366	F	02/12/18	City Of St Albans Open Meet Winter 2018	St Albans	Watford SC	3
1:07.52	366	H	11/01/20	Swim England Hertfordshire County Championships	Borehamwood	Watford SC	2
1:07.59	365	F	09/11/19	NASL London Round 2	Westminster Lodge		3
1:07.65	364	H	20/10/18	Team Luton Autumn Short Course Meet 2018	Inspire Luton Sports	Watford SC	3
1:07.70	363	F	18/11/18	Watford November 2018 County Qualifier	Garston	Watford SC	3
1:07.79	362	F	14/03/20	City of St Albans Spring Open Meet	St Albans		3
1:08.10	357	F	07/10/18	Harpenden Legacy Meet	Westminster Lodge	Watford SC	3
1:08.21	355	F	17/03/19	Watford Regional Qualifier 2019	Garston	Watford SC	3
1:09.29	339	F	12/09/18	Watford Club Championships 2018	Garston	Watford SC	4
1:09.38	338	F	29/09/19	Watford Club Championships 2019	Watford	Watford SC	4
1:09.46	336	F	14/12/19	NASL London Round 3	Barnet	Watford SC	3
1:10.09	327	F	04/03/18	Watford Regional Qualifier	Watford	Watford SC	3
1:10.14	327	H	20/01/18	Hertfordshire County Championships	Borehamwood	Watford SC	2
1:10.72	319	F	23/06/18	The Terry Davies Alternative Nationals	Woodside LC	Watford SC	3
1:10.89	316	F	10/03/18	CoStA Spring Open Meet 2018	St Albans	Watford SC	3
1:11.15	313	F	26/11/17	Watford November 2017 County Qualifier	Garston	Watford SC	3
1:11.51	308	F	08/10/17	Hemel Hempstead Birthday Open	Hemel Hempstead	Watford SC	3
1:12.16	300	F	17/06/17	The Terry Davies Alternative Nationals	Watford	Watford SC	3
1:12.18	300	F	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Borehamwood	Watford SC	3
1:12.51	296	F	09/12/17	NASL - London Rounds 2017 - Division 1 & 2	Borehamwood	Watford SC	3
1:12.78	292	F	01/11/20	Watford Swimming Club	Northwood College		0
1:14.11	277	F	15/07/17	Watford Club Championships 2017	Hemel Hempstead	Watford SC	4
1:14.20	275	F	10/03/17	Watford Regional Qualifier	Watford	Watford SC	3

1:14.29	270	F	19/03/17	Watford Regional Qualifier	Watford	Watford SC	3
1:15.13	266	H	17/12/16	Hatfield Christmas Gala	Hatfield	Watford SC	3
1:15.20	265	H	21/01/17	Herts County Champs & Age Group Champs	Borehamwood	Watford SC	2
1:15.33	264	F	17/12/16	Hatfield Christmas Gala	Hatfield	Watford SC	3
1:16.27	254	F	20/11/16	Watford November 2016 County Qualifier	Garston	Watford SC	3
1:16.36	253	F	02/10/16	Harpenden Legacy Meet 2016	Borehamwood	Watford SC	3
1:17.67	240	F	25/06/16	The Terry Davies Alternative Nationals 2016	Watford	Watford SC	3
1:17.90	238	H	11/12/16	Team Luton 2016 Winter Development Meet	Luton	Watford SC	3
1:18.28	235	F	23/01/16	Hertfordshire County Championships	Borehamwood	Watford SC	2
1:18.51	233	F	13/03/16	Watford Regional Qualifier	Watford	Watford SC	3
1:18.97	229	F	22/11/15	Watford November County Qualifier Open Meet	Watford	Watford SC	3
1:19.89	221	F	18/10/15	Hemel Hempstead 102nd Birthday Open	Hemel Hempstead	Watford SC	2
1:20.43	216	F	04/10/15	Harpenden SC Legacy Open Meet 2015	Borehamwood	Watford SC	3
1:22.64	200	H	24/10/15	Team Luton Autumn Short Course Meet	Luton	Watford SC	3
1:23.15	196	F	27/06/15	The Terry Davies Alternative Nationals	Watford	Watford SC	3
1:23.49	193	F	02/07/15	Watford Club Championships 2015	Watford	Watford SC	4
1:29.10	159	F	06/07/14	Watford Club Championships	Watford	Watford SC	4
1:30.71	151	F	28/06/14	WSC Terry Davies Alternative Nationals	Watford	Watford SC	3

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