Individual Best Times (All Time)

Kara Gillan - (756981) - Bridge of Don ASC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:57.69	322	F	28/01/18	Aberdeen Development Series 2018 R1	Aberdeen	Bridge O Don	2
2:58.57	317	F	11/03/18	Aberdeen Development Series R2 2018	Aberdeen	Bridge O Don	2
2:59.21	314	F	25/06/17	ND Development Meet 2017	Inverness	Bridge O Don	2
2:59.56	312	F	24/06/18	ND Development Meet 2018	Inverness	Bridge O Don	2
3:01.99	300	F	19/03/17	Aberdeen Development Series Round 2	Aberdeen	Bridge O Don	2
3:02.84	296	F	04/06/17	Aberdeen Development Meet	Aberdeen	Bridge O Don	2
3:05.82	282	F	29/01/17	Aberdeen Development Series Round 1	Aberdeen	Bridge O Don	2
3:10.32	262	F	15/12/18	Bridge of Don ASC Club Championships 2018	Bridge of Don	Bridge O Don	2
3:13.13	251	F	11/09/16	Cults Otters Challenge Trophy 2016	Aberdeen	Bridge O Don	2
3:16.62	238	F	19/06/16	COAST Development Meet R3 2016	Aberdeen	Bridge O Don	2
3:19.15	229	F	21/02/16	COAST Development R1 Meet	Aberdeen	Bridge O Don	2
3:20.75	223	F	17/04/16	COAST Development Round 2	Aberdeen	Bridge O Don	2
3:31.94	190	F	19/04/15	COAST Development Meet Round 2	Aberdeen	Bridge O Don	2
3:41.04	167	F	25/01/15	COAST Development Meet Round 1	Aberdeen	Bridge O Don	2

Swims in Date Order

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2:59.56	312	F	24/06/18	ND Development Meet 2018	Inverness	Bridge O Don	2
2:58.57	317	F	11/03/18	Aberdeen Development Series R2 2018	Aberdeen	Bridge O Don	2
2:57.69	322	F	28/01/18	Aberdeen Development Series 2018 R1	Aberdeen	Bridge O Don	2
2:59.21	314	F	25/06/17	ND Development Meet 2017	Inverness	Bridge O Don	2
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3:05.82	282	F	29/01/17	Aberdeen Development Series Round 1	Aberdeen	Bridge O Don	2
3:13.13 oyright 2024	251 4	F	11/09/16	Cults Otters Challenge Trophy 2016	Aberdeen	Bridge O Don Powered By SPORT	2 SYSTEM

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