

Individual Best Times (All Time)

Matthew Dwane - (756575) - Bo'ness ASC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.25	333	F	11/02/18	Bellshill Sharks Open Meet	Sir Matt Busby Pool	Grangemouth	2
2:26.85	309	F	28/01/18	Grangemouth MAGS 2018	Grangemouth	Grangemouth	2
2:31.82	280	F	30/04/16	Dumfries & FIRST Spring Meet	Bellshill	F.I.R.S.T.	2
2:33.00	273		01/06/14	INCAS Distance Meet 2014	Dunfermline	Falkirk	2
2:33.18	272	F	02/05/15	Carnegie So Long Meet	Glenrothes	Falkirk	2
2:33.18	272	F	02/05/15	Carnegie So Long Meet	Dunfermline	Falkirk	2
2:34.23	267	F	14/06/15	Open Age Group and Senior Meet 2015	Glasgow	Falkirk	2
2:34.51	266	F	12/06/16	Open Age Group and Senior Meet 2016	Cumbernauld	Grangemouth	2
2:34.71	264	F	29/11/15	Dumfries Advent Meet	Bellshill	Grangemouth	2
2:35.18	262	F	07/06/14	Stirling Junior Open Meet	Stirling	Falkirk	2
2:35.56	260	F	31/05/15	Rascals Graded Meet 2015	Bellshill	Falkirk	2
2:35.56	260	F	31/05/15	Rutherglen Rascals Graded Meet	Bellshill	Falkirk	2
2:36.13	257	F	03/05/14	Carnegie So Long Meet	Dunfermline	Falkirk	2
2:36.25	257	F	25/05/14	Alloa ASC Open Meet	Alloa	Falkirk	2
2:36.41	256	F	25/04/15	Dumfries Spring Splash Graded Meet	Dumfries	Falkirk	2
2:36.77	254	F	16/02/14	Belshill Sharks Open Meet 2014	Belshill	Falkirk	2
2:37.38	251	F	02/02/14	North Ayrshire 200 Meet	Auchenharvie	Falkirk	2
2:37.50	251	F	17/11/13	SASA West District JAG SC Champs	Cumbernauld	Falkirk	1
2:37.84	249	F	19/01/14	Carnegie Graded Meet	Dunfermline	Falkirk	2
2:38.51	246	F	15/02/15	Sharks Open Meet	Bellshill	Falkirk	2
2:38.72	245		23/03/14	Warrender Junior Age Group Meet	Prestonpans	Falkirk	2
2:39.57	241		20/04/13	F.I.R.S.T Open Meet	Dunfermline	Falkirk	2
2:40.67	236		24/01/15	FIRST Open Meet	Bathgate	F.I.R.S.T.	2
2:42.63	228	F	01/12/13	Dumfries Advent Open Meet	Dumfries	Falkirk	2
2:42.93	226		19/05/13	Swim West Lothian IM Tough 2013	Bathgate	Falkirk	2
2:44.80	219	F	03/02/13	North Ayrshire ASC 200 Meet	Auchenharvie	Falkirk	2
2:45.16	217	F	28/04/13	Dumfries Graded Meet 2013	Dumfries	Falkirk	2

2:43.10	217	F	20/04/13	Dumfries Graded Meet 2013	Dumfries	Falkirk	2
2:45.20	217		27/05/12	Incas Distance Gala 2012	Glenrothes	Falkirk	2
2:45.25	217	F	23/12/12	Carnegie Open Winter Meet	Dunfermline	Falkirk	2
2:47.37	209	F	12/02/12	North Ayrshire 200 Meet	Auchenharvie	Falkirk	2
2:47.43	209		24/11/12	Falkirk Otter FIRST Graded Meet 2012	Falkirk	Falkirk	2
2:47.68	208		13/05/12	SASA West District Group 3 Championships	Dumfries	Falkirk	1
2:49.07	203	F	08/06/13	Dumfries Open Meet	Dumfries	Falkirk	2
2:50.92	196		22/04/12	FIRST Open Meet	Dunfermline	Falkirk	2
2:52.30	191		26/11/11	FIRST Graded Meet	Glenrothes	Falkirk	2
2:53.49	187	F	27/10/12	Alloa Graded Meet	Alloa	Falkirk	2
3:10.03	142		18/06/11	Aquanauts Livingston 10th Graded Meet	Bathgate	Falkirk	2

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