

# Individual Best Times (All Time)

Matthew Dwane - (756575) - Bo'ness ASC - 200 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                                     | Venue       | Club Swam Under | Level |
|---------|--------|-------|----------|--|-------------|-----------------|-------|
| 3:12.06 | 172    | F     | 03/05/15 | Carnegie So Long Meet                    | Glenrothes  | Falkirk         | 2     |
| 3:12.06 | 172    | F     | 03/05/15 | Carnegie So Long Meet                    | Dunfermline | Falkirk         | 2     |
| 3:12.17 | 171    | F     | 25/06/16 | Aquanauts Livingston Meet                | Livingston  | Grangemouth     | 2     |
| 3:19.38 | 153    |       | 31/05/14 | INCAS Distance Meet 2014                 | Dunfermline | Falkirk         | 2     |
| 3:19.96 | 152    | F     | 14/11/15 | SASA West District JAG Championships     | Cumbernauld | Grangemouth     | 1     |
| 3:28.31 | 134    | F     | 04/05/14 | Carnegie So Long Meet                    | Dunfermline | Falkirk         | 2     |
| 3:32.14 | 127    | F     | 16/03/14 | Portobello Mad March Meet                | Prestonpans | Falkirk         | 2     |
| 3:44.64 | 107    | F     | 01/12/13 | Dumfries Advent Open Meet                | Dumfries    | Falkirk         | 2     |
| 3:48.52 | 102    |       | 24/11/12 | Falkirk Otter FIRST Graded Meet 2012     | Falkirk     | Falkirk         | 2     |
| 3:49.26 | 101    | F     | 23/12/12 | Carnegie Open Winter Meet                | Dunfermline | Falkirk         | 2     |
| 3:57.05 | 91     |       | 26/05/12 | Incas Distance Gala 2012                 | Glenrothes  | Falkirk         | 2     |
| 4:06.36 | 81     |       | 12/05/12 | SASA West District Group 3 Championships | Dumfries    | Falkirk         | 1     |
| 4:07.06 | 80     |       | 26/11/11 | FIRST Graded Meet                        | Glenrothes  | Falkirk         | 2     |
| 4:30.72 | 61     |       | 18/06/11 | Aquanauts Livingston 10th Graded Meet    | Bathgate    | Falkirk         | 2     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                                 | Venue       | Club Swam Under | Level |
|---------|--------|-------|----------|--------------------------------------|-------------|-----------------|-------|
| 3:12.17 | 171    | F     | 25/06/16 | Aquanauts Livingston Meet            | Livingston  | Grangemouth     | 2     |
| 3:19.96 | 152    | F     | 14/11/15 | SASA West District JAG Championships | Cumbernauld | Grangemouth     | 1     |
| 3:12.06 | 172    | F     | 03/05/15 | Carnegie So Long Meet                | Glenrothes  | Falkirk         | 2     |
| 3:12.06 | 172    | F     | 03/05/15 | Carnegie So Long Meet                | Dunfermline | Falkirk         | 2     |
| 3:19.38 | 153    |       | 31/05/14 | INCAS Distance Meet 2014             | Dunfermline | Falkirk         | 2     |
| 3:28.31 | 134    | F     | 04/05/14 | Carnegie So Long Meet                | Dunfermline | Falkirk         | 2     |
| 3:32.14 | 127    | F     | 16/03/14 | Portobello Mad March Meet            | Prestonpans | Falkirk         | 2     |
| 3:44.64 | 107    | F     | 01/12/13 | Dumfries Advent Open Meet            | Dumfries    | Falkirk         | 2     |
| 3:49.26 | 101    | F     | 23/12/12 | Carnegie Open Winter Meet            | Dunfermline | Falkirk         | 2     |

|         |     |          |  |            |         |   |
|---------|-----|----------|--|------------|---------|---|
| 3:48.52 | 102 | 24/11/12 | Falkirk Otter FIRST Graded Meet 2012     | Falkirk    | Falkirk | 2 |
| 3:57.05 | 91  | 26/05/12 | Incas Distance Gala 2012                 | Glenrothes | Falkirk | 2 |
| 4:06.36 | 81  | 12/05/12 | SASA West District Group 3 Championships | Dumfries   | Falkirk | 1 |
| 4:07.06 | 80  | 26/11/11 | FIRST Graded Meet                        | Glenrothes | Falkirk | 2 |
| 4:30.72 | 61  | 18/06/11 | Aquanauts Livingston 10th Graded Meet    | Bathgate   | Falkirk | 2 |