

Individual Best Times (All Time)

Joel Lange - (756338) - University Of Stirling - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:08.63	622	H	15/01/17	Berks & Sth Bucks ASA 2017 County Championships	Wycombe	Maidenhead	2
4:14.90	577	H	05/12/15	Windsor Open Meet	Maidenhead		3
4:16.64	565	H	06/02/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Maidenhead	2
4:17.62	559	F	02/10/16	16th James Moreno Open Meet	Southampton	Maidenhead	2
4:19.84	545	F	03/10/15	City of Southampton SC 15th James Moreno Open Meet	Southampton	Maidenhead	2
4:20.47	541	H	25/04/15	Maidenhead Level 4 Series 2015	Maidenhead		4
4:24.34	517	F	22/11/15	Guildford City SC November L2 Open Meet	Surrey	Maidenhead	2
4:31.44	478	H	21/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidstone		2
4:34.92	460	F	17/01/15	Watford County Qualifier Open Meet	Watford	Maidenhead	3
4:47.87	400	H	22/03/14	Berkshire & South Buckinghamshire County	Maidenhead	Maidenhead	2
4:50.30	390	H	29/03/14	North Tyneside Mad March Hare Extravaganza	Stanley	Maidenhead	3
4:54.31	375		06/10/13	City of Southampton SC James Moreno Open	Southampton	Maidenhead	2
4:57.02	364	H	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	Maidenhead	2
5:04.31	339	H	19/01/13	Windsor Level 2 Licensed Meet	Maidenhead	Maidenhead	2
5:09.35	322		21/10/12	City of Southampton James Moreno Meet	Southampton	Maidenhead	2
5:16.02	302	H	23/06/12	Maidenhead Marlins Club Champs	Maidenhead	Maidenhead	4
5:21.86	286	H	17/03/12	Berkshire & Sth Bucks County Championships	Maidenhead	Maidenhead	2
5:24.01	281	H	21/01/12	Windsor Level 2 Open Meet	Maidenhead	Maidenhead	2
5:31.89	261	H	08/01/12	Tigersharks Winter Open Meet	Swindon	Maidenhead	3
5:48.07	226	F	23/04/11	Reading Easter Open Swim Meet 2011	Reading	Maidenhead	2
5:48.31	226	H	26/03/11	Berkshire & South Bucks County Championshi	Maidenhead	Maidenhead	2
6:19.02	175	H	16/01/11	Tigersharks Winter Open Meet	Swindon	Maidenhead	2

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