

Individual Best Times (All Time)

Marawan Abou-El-Rous - (754120) - Borough of Harrow S C - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.07	289	F	30/09/18	Borough of Harrow Club Championships 2018	Barnet	Bo Of Harrow	4
1:17.00	247	F	17/06/17	Borough of Harrow Club Championships	Hendon	Bo Of Harrow	4
1:28.75	161		04/10/15	Barnet Cophall SC 100 Meet	Barnet	Bo Of Harrow	3
1:37.27	122	F	28/06/15	BHSC End of Season Early County Qualifier	Hendon	Bo Of Harrow	3
1:42.36	105	F	22/06/14	Borough of Harrow End of Season Open Meet	Barnet	Bo Of Harrow	3
1:42.91	103		11/05/14	Barnet Cophall Kate Lack Trophy Meet	Hendon	Bo Of Harrow	3
1:43.11	102	F	28/09/14	Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4

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