

Individual Best Times (All Time)

Elfie Newbury - (754055) - Trowbridge ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:48.92	513	F	17/11/13	Millfield & Taunton Deane L2 Meet	Millfield	Trowbridge	2
4:50.36	505	H	27/10/13	Trowbridge ASC Club Championships 2013	Trowbridge	Trowbridge	4
4:51.48	499	H	23/03/14	Wiltshire ASA Age Group Championships	Swindon	Trowbridge	2
4:51.54	499	H	07/12/13	ASA SWR Short Course Championships	Millfield	Trowbridge	2
4:53.51	489	F	12/04/15	Gloucester City Level 2 April Open Meet	Gloucester	Trowbridge	2
5:01.40	451	H	17/03/13	Wiltshire Age Group County Championships	Swindon	Trowbridge	2
5:04.35	438	F	21/12/14	Yeovil & District 2014 Christmas Open Meet	Millfield	Trowbridge	3
5:07.89	423	H	06/12/14	ASA South West Short Course Championships	Millfield		4
5:09.12	418	H	01/03/15	Wiltshire Youth Championships	Swindon		2
5:09.79	416	H	24/02/13	Wiltshire County Championships	Swindon	Trowbridge	2
5:13.74	400	H	18/11/12	Trowbridge Club Championships	Trowbridge	Trowbridge	4
5:17.33	387	F	07/10/12	Gloucester City Level 3 Open Meet	Gloucester	Trowbridge	3
5:17.42	386		20/10/12	Greater Gwent Fast Water Open Meet	Newport	Trowbridge	2
5:21.96	370	H	18/03/12	Wiltshire County Championships	Swindon	Trowbridge	2
5:26.14	356	H	15/04/12	Tigersharks Spring Meet	Swindon	Trowbridge	2
5:37.32	322	H	06/11/11	Trowbridge ASC Club Championships	Trowbridge	Trowbridge	4
5:44.55	302	H	08/01/12	Tigersharks Winter Open Meet	Swindon	Trowbridge	3
5:58.30	269		02/10/11	Gloucester City Open Meet	Gloucester	Trowbridge	3
6:24.40	217	H	31/10/10	Trowbridge Club Champs	Trowbridge	Trowbridge	4

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