

# Individual Best Times (All Time)

Jack Ryan - (752850) - Central Bedfordshire Swim Squad - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:24.45	517	H	05/12/15	Windsor Open Meet	Maidenhead		3
4:25.63	510	H	07/11/15	ASA East Region Winter Championships 2015	Luton		2
4:29.86	486	F	12/03/16	Mid Beds Swim Squad Level 2 Open Meet	Biggleswade	C Beds SS	2
4:32.45	472	H	25/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade	Biggleswade	3
4:33.53	467	F	19/09/15	Biggleswade SC 2015 Club Championships	Biggleswade	Biggleswade	4
4:34.26	463	H	16/11/14	Team Luton Autumn Short Course Meet	Luton		2
4:34.81	460	F	25/01/15	Biggleswade 16th Open Meet	Biggleswade	Team Luton	3
4:36.42	452	H	26/10/14	Flitwick Dolphins Open Meet	Biggleswade		3
4:36.59	451	F	18/06/16	Biggleswade 17th Open Meet	Biggleswade	Biggleswade	3
4:37.71	446	H	23/03/14	Bedfordshire Age Group & County Champs	Luton	Team Luton	2
4:42.25	425	F	10/05/14	Mid Beds Swim Squad L2 Open Meet	Biggleswade	Team Luton	2
4:42.38	424	F	03/09/16	Biggleswade Club Championships	Biggleswade	Biggleswade	4
4:45.01	413	H	28/06/14	Team Luton SC Club Championships	Luton	Team Luton	4
4:45.33	411	H	26/04/14	Team Luton 2014 Short Course Open Meet	Luton	Team Luton	3
4:46.59	406	F	19/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Team Luton	3
4:53.97	376	H	27/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	Team Luton	3
5:02.11	346	H	02/06/13	Team Luton SC Club Championships Round 2	Luton	Team Luton	4
5:04.14	339	H	11/05/13	Mid Beds Swim Squad 3rd Open Meet	Biggleswade	Team Luton	2
5:10.94	318	F	24/03/13	Hertfordshire County Championships	Borehamwood	Team Luton	2
5:28.23	270	F	20/01/13	Biggleswade SC 14th Open meet	Biggleswade	Team Luton	3

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