## **Individual Best Times (All Time)**

Jack Ryan - (752850) - Central Bedfordshire Swim Squad - 200 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

2.02.43         534         F         1203/16         Mid Beds Swim Squad Level 2 Open Meet         Biggleswade         C Beds SS           2.02.87         528         F         2406/17         Biggleswade 18th Open Meet         Biggleswade         Biggleswade           2.02.90         528         F         1906/16         Biggleswade 17th Open Meet         Biggleswade         Biggleswade           2.03.00         527         H         07/11/15         ASA East Region Winter Championships 2015         Luton           2.04.22         511         F         1103/17         Mid Beds Swim Squad L2 Open Meet 2017         Biggleswade         C Beds SS           2.04.96         502         H         05/12/15         Windsor Open Meet         Maidenhead         Biggleswade         Team Luton         Luto	me \	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
2.02.90         528         F         19/06/16         Biggleswade 17th Open Meet         Biggleswade         Biggleswade         Biggleswade           2.03.00         527         H         07/11/15         ASA East Region Winter Championships 2015         Luton         CBeds SS           2.04.22         511         F         11/03/17         Mid Beds Swim Squad L2 Open Meet 2017         Biggleswade         C Beds SS           2.04.96         502         H         05/12/15         Windsor Open Meet         Maidenhead         Biggleswade           2.05.63         494         F         16/01/16         Biggleswade 2015 Club Championships         Biggleswade         Biggleswade           2.05.73         493         F         03/12/16         Biggleswade 2016 Club Championships         Luton         Biggleswade           2.05.75         493         H         05/11/16         East Swimming 2016 SC Championships         Luton         Biggleswade           2.06.26         487         H         16/11/14         Team Luton Auturm Short Course Meet         Luton         Team Luton           2.09.81         483         H         25/10/15         Hatfield Valentines Gala         Hatfield         Team Luton           2.09.82         453         F         31/10	02.43	534	F	12/03/16	Mid Beds Swim Squad Level 2 Open Meet	Biggleswade	C Beds SS	2
203.00         527         H         07/11/15         ASA East Region Winter Championships 2015         Luton           2:04.22         511         F         11/03/17         Mid Beds Swim Squad L2 Open Meet 2017         Biggleswade         C Beds SS           2:04.96         502         H         05/12/15         Windsor Open Meet         Maidenhead         Biggleswade           2:05.63         494         F         16/01/16         Biggleswade 2015 Club Championships         Biggleswade         Biggleswade           2:05.73         493         F         03/12/16         Biggleswade 2016 Club Championships         Luton         Biggleswade           2:05.75         493         H         05/11/16         East Swimming 2016 SC Championships         Luton         Biggleswade           2:06.61         487         H         16/11/14         Team Luton Autumn Short Course Meet         Luton         Team Luton           2:08.88         458         H         26/04/14         Team Luton 2014 Short Course Open Meet         Luton         Team Luton           2:09.31         448         F         25/01/15         Biggleswade 16th Open Meet         Biggleswade         Team Luton           2:11.02         436         H         26/10/14         Filtwick Dolphins Open Me	02.87	528	F	24/06/17	Biggleswade 18th Open Meet	Biggleswade	Biggleswade	3
2.04.22         511         F         11/03/17         Mid Beds Swim Squad L2 Open Meet 2017         Biggleswade         C Beds SS           2.04.96         502         H         05/12/15         Windsor Open Meet         Maidenhead         Biggleswade         Biggleswade           2.05.63         494         F         16/01/16         Biggleswade 2016 Club Championships         Biggleswade         Biggleswade           2.05.75         493         H         05/11/16         East Swimming 2016 SC Championships         Luton         Biggleswade           2.06.26         487         H         16/11/14         Team Luton Autumn Short Course Meet         Luton         Eigleswade           2.06.61         483         H         25/10/15         Filtwick Dolphins Open Meet 2015         Biggleswade         Biggleswade           2.08.88         458         H         26/04/14         Team Luton 2014 Short Course Open Meet         Luton         Team Luton           2.09.93         453         F         31/01/15         Hatflield Valentines Gala         Hatflield         Team Luton           2.11.02         436         H         25/01/15         Biggleswade 16th Open Meet         Biggleswade         Team Luton           2:11.23         434         H         26	02.90	528	F	19/06/16	Biggleswade 17th Open Meet	Biggleswade	Biggleswade	3
2:04.96         502         H         05/12/15         Windsor Open Meet         Maidenhead           2:05.63         494         F         16/01/16         Biggleswade 2015 Club Championships         Biggleswade         Biggleswade           2:05.73         493         F         03/12/16         Biggleswade 2016 Club Championships         Luton         Biggleswade           2:05.75         493         H         05/11/16         East Swimming 2016 SC Championships         Luton         Biggleswade           2:06.26         487         H         16/11/14         Team Luton Autumn Short Course Meet         Luton         Biggleswade           2:08.88         458         H         25/10/15         Flitwick Dolphins Open Meet 2015         Biggleswade         Biggleswade           2:09.32         453         F         31/01/15         Hatfield Valentines Gala         Hatfield         Team Luton           2:09.81         448         F         25/01/15         Biggleswade 16th Open Meet         Biggleswade         Team Luton           2:10.69         439         F         10/05/14         Mid Beds Swim Squad L2 Open Meet         Biggleswade         Team Luton           2:11.23         434         H         22/03/14         Bedfordshire Age Group & County Champio </td <td>03.00</td> <td>527</td> <td>Н</td> <td>07/11/15</td> <td>ASA East Region Winter Championships 2015</td> <td>Luton</td> <td></td> <td>2</td>	03.00	527	Н	07/11/15	ASA East Region Winter Championships 2015	Luton		2
2:05.63         494         F         16/01/16         Biggleswade 2015 Club Championships         Biggleswade         Biggleswade           2:05.73         493         F         03/12/16         Biggleswade 2016 Club Championships         Biggleswade         Biggleswade           2:05.75         493         H         05/11/16         East Swimming 2016 SC Championships         Luton         Biggleswade           2:06.26         487         H         16/11/14         Team Luton Autumn Short Course Meet         Luton         Biggleswade           2:06.61         483         H         25/10/15         Flitwick Dolphins Open Meet 2015         Biggleswade         Biggleswade           2:09.82         453         H         26/04/14         Team Luton 2014 Short Course Open Meet         Luton         Team Luton           2:09.81         448         F         25/10/15         Biggleswade 16th Open Meet         Biggleswade         Team Luton           2:10.69         439         F         10/05/14         Mid Beds Swim Squad L2 Open Meet         Biggleswade         Team Luton           2:11.20         436         H         26/10/14         Flitwick Dolphins Open Meet         Luton         Luton         Team Luton           2:12.24         421         H	04.22	511	F	11/03/17	Mid Beds Swim Squad L2 Open Meet 2017	Biggleswade	C Beds SS	2
2:05.73         493         F         03/12/16         Biggleswade 2016 Club Championships         Biggleswade         Biggleswade           2:05.75         493         H         05/11/16         East Swimming 2016 SC Championships         Luton         Biggleswade           2:06.26         487         H         16/11/14         Team Luton Autumn Short Course Meet         Luton           2:06.61         483         H         25/10/15         Flitwick Dolphins Open Meet 2015         Biggleswade         Biggleswade           2:08.88         458         H         26/04/14         Team Luton 2014 Short Course Open Meet         Luton         Team Luton           2:09.92         453         F         31/01/15         Hatfield Valentines Gala         Hatfield         Team Luton           2:10.69         439         F         10/05/14         Mid Beds Swim Squad L2 Open Meet         Biggleswade         Team Luton           2:11.02         436         H         26/10/14         Flitwick Dolphins Open Meet         Biggleswade         Luton           2:11.23         434         H         22/03/14         Bedfordshire Age Group & County Champs         Luton         Team Luton           2:12.49         421         H         20/09/14         Hatfield Summer Spectacle at	04.96	502	Н	05/12/15	Windsor Open Meet	Maidenhead		3
2:05.75         493         H         05/11/16         East Swimming 2016 SC Championships         Luton         Biggleswade           2:06.26         487         H         16/11/14         Team Luton Autumn Short Course Meet         Luton           2:06.61         483         H         25/10/15         Flitwick Dolphins Open Meet 2015         Biggleswade         Biggleswade           2:08.88         458         H         26/04/14         Team Luton 2014 Short Course Open Meet         Luton         Team Luton           2:09.32         453         F         31/01/15         Hatfield Valentines Gala         Hatfield         Team Luton           2:09.81         448         F         25/01/15         Biggleswade 16th Open Meet         Biggleswade         Team Luton           2:11.02         436         H         26/10/14         Hitck Oplyhins Open Meet         Biggleswade         Team Luton           2:11.23         434         H         22/03/14         Bedfordshire Age Group & County Champs         Luton         Team Luton           2:12.49         421         H         20/09/14         Team Luton Club Championships         Luton         Team Luton           2:13.12         415         H         12/07/14         Hatfield Summer Spectacle at the Sports Villa	05.63	494	F	16/01/16	Biggleswade 2015 Club Championships	Biggleswade	Biggleswade	4
2:06.26         487         H         16/11/14         Team Luton Autumn Short Course Meet         Luton           2:06.61         483         H         25/10/15         Flitwick Dolphins Open Meet 2015         Biggleswade         Biggleswade           2:08.88         458         H         26/04/14         Team Luton 2014 Short Course Open Meet         Luton         Team Luton           2:09.32         453         F         31/01/15         Hatfield Valentines Gala         Hatfield         Team Luton           2:09.81         448         F         25/01/15         Biggleswade 16th Open Meet         Biggleswade         Team Luton           2:10.69         439         F         10/05/14         Mid Beds Swim Squad L2 Open Meet         Biggleswade         Team Luton           2:11.02         436         H         26/10/14         Flitwick Dolphins Open Meet         Biggleswade         Team Luton           2:11.23         434         H         2/03/14         Bedfordshire Age Group & County Champs         Luton         Team Luton           2:12.49         421         H         2/00/9/14         Team Luton Club Championships         Luton           2:13.12         415         H         12/07/14         Hatfield Summer Spectacle at the Sports Village         Hat	05.73	493	F	03/12/16	Biggleswade 2016 Club Championships	Biggleswade	Biggleswade	4
2:06.61         483         H         25/10/15         Flitwick Dolphins Open Meet 2015         Biggleswade         Biggleswade           2:08.88         458         H         26/04/14         Team Luton 2014 Short Course Open Meet         Luton         Team Luton           2:09.32         453         F         31/01/15         Hatfield Valentines Gala         Hatfield         Team Luton           2:09.81         448         F         25/01/15         Biggleswade 16th Open Meet         Biggleswade         Team Luton           2:10.69         439         F         10/05/14         Mid Beds Swim Squad L2 Open Meet         Biggleswade         Team Luton           2:11.20         436         H         26/10/14         Flitwick Dolphins Open Meet         Biggleswade         Team Luton           2:12.49         421         H         20/09/14         Team Luton Club Championships         Luton         Team Luton           2:13.12         415         H         12/07/14         Hatfield Summer Spectacle at the Sports Village         Hatfield         Team Luton           2:16.25         387         F         18/01/14         Biggleswade SC 15th Open Meet         Biggleswade         Team Luton           2:17.70         375         H         27/10/13	05.75	493	Н	05/11/16	East Swimming 2016 SC Championships	Luton	Biggleswade	2
2:08.88         458         H         26/04/14         Team Luton 2014 Short Course Open Meet         Luton         Team Luton           2:09.32         453         F         31/01/15         Hatfield Valentines Gala         Hatfield         Team Luton           2:09.81         448         F         25/01/15         Biggleswade 16th Open Meet         Biggleswade         Team Luton           2:10.69         439         F         10/05/14         Mid Beds Swim Squad L2 Open Meet         Biggleswade         Team Luton           2:11.02         436         H         26/10/14         Flitwick Dolphins Open Meet         Biggleswade         Team Luton           2:11.23         434         H         22/03/14         Bedfordshire Age Group & County Champs         Luton         Team Luton           2:12.49         421         H         20/09/14         Team Luton Club Championships         Luton           2:13.12         415         H         12/07/14         Hatfield Summer Spectacle at the Sports Village         Hatfield         Team Luton           2:16.25         387         F         23/11/13         Hatfield Winter Gala 2013         Hatfield         Team Luton           2:17.70         375         H         27/10/13         Flitwick Dolphins SC Open Meet	06.26	487	Н	16/11/14	Team Luton Autumn Short Course Meet	Luton		2
2:09.32         453         F         31/01/15         Hatfield Valentines Gala         Hatfield         Team Luton           2:09.81         448         F         25/01/15         Biggleswade 16th Open Meet         Biggleswade         Team Luton           2:10.69         439         F         10/05/14         Mid Beds Swim Squad L2 Open Meet         Biggleswade         Team Luton           2:11.02         436         H         26/10/14         Flitwick Dolphins Open Meet         Biggleswade         Team Luton           2:11.23         434         H         22/03/14         Bedfordshire Age Group & County Champs         Luton         Team Luton           2:12.49         421         H         20/09/14         Team Luton Club Championships         Luton           2:13.12         415         H         12/07/14         Hatfield Summer Spectacle at the Sports Village         Hatfield         Team Luton           2:16.25         387         F         23/11/13         Hatfield Winter Gala 2013         Hatfield         Team Luton           2:16.39         386         F         18/01/14         Biggleswade SC 15th Open Meet         Biggleswade         Team Luton           2:20.06         357         H         21/09/13         Team Luton SC Club Championships Round	06.61	483	Н	25/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade	Biggleswade	3
2:09.81         448         F         25/01/15         Biggleswade 16th Open Meet         Biggleswade         Team Luton           2:10.69         439         F         10/05/14         Mid Beds Swim Squad L2 Open Meet         Biggleswade         Team Luton           2:11.02         436         H         26/10/14         Flitwick Dolphins Open Meet         Biggleswade           2:11.23         434         H         22/03/14         Bedfordshire Age Group & County Champs         Luton         Team Luton           2:12.49         421         H         20/09/14         Team Luton Club Championships         Luton         Team Luton           2:13.12         415         H         12/07/14         Hatfield Summer Spectacle at the Sports Village         Hatfield         Team Luton           2:16.25         387         F         23/11/13         Hatfield Winter Gala 2013         Hatfield         Team Luton           2:16.39         386         F         18/01/14         Biggleswade SC 15th Open Meet         Biggleswade         Team Luton           2:17.70         375         H         27/10/13         Team Luton SC Club Championships Round 3         Luton         Team Luton           2:25.06         321         H         11/05/13         Mid Beds Swim Squad 3rd Op	88.80	458	Н	26/04/14	Team Luton 2014 Short Course Open Meet	Luton	Team Luton	3
2:10.69         439         F         10/05/14         Mid Beds Swim Squad L2 Open Meet         Biggleswade         Team Luton           2:11.02         436         H         26/10/14         Flitwick Dolphins Open Meet         Biggleswade           2:11.23         434         H         22/03/14         Bedfordshire Age Group & County Champs         Luton           2:12.49         421         H         20/09/14         Team Luton Club Championships         Luton           2:13.12         415         H         12/07/14         Hatfield Summer Spectacle at the Sports Village         Hatfield         Team Luton           2:16.25         387         F         23/11/13         Hatfield Winter Gala 2013         Hatfield         Team Luton           2:16.39         386         F         18/01/14         Biggleswade SC 15th Open Meet         Biggleswade         Team Luton           2:17.70         375         H         27/10/13         Flitwick Dolphins SC Open Meet         Biggleswade         Team Luton           2:20.06         357         H         21/09/13         Team Luton SC Club Championships Round 3         Luton         Team Luton           2:27.34         306         F         17/03/13         Hertfordshire County Championships         Borehamwood         <	09.32	453	F	31/01/15	Hatfield Valentines Gala	Hatfield	Team Luton	3
2:11.02       436       H       26/10/14       Flitwick Dolphins Open Meet       Biggleswade         2:11.23       434       H       22/03/14       Bedfordshire Age Group & County Champs       Luton       Team Luton         2:12.49       421       H       20/09/14       Team Luton Club Championships       Luton         2:13.12       415       H       12/07/14       Hatfield Summer Spectacle at the Sports Village       Hatfield       Team Luton         2:16.25       387       F       23/11/13       Hatfield Winter Gala 2013       Hatfield       Team Luton         2:16.39       386       F       18/01/14       Biggleswade SC 15th Open Meet       Biggleswade       Team Luton         2:17.70       375       H       27/10/13       Flitwick Dolphins SC Open Meet       Biggleswade       Team Luton         2:20.06       357       H       21/09/13       Team Luton SC Club Championships Round 3       Luton       Team Luton         2:25.06       321       H       11/05/13       Mid Beds Swim Squad 3rd Open Meet       Biggleswade       Team Luton         2:27.34       306       F       17/03/13       Hertfordshire County Championships       Borehamwood       Team Luton         2:29.55       293       Eo/10/1	09.81	448	F	25/01/15	Biggleswade 16th Open Meet	Biggleswade	Team Luton	3
2:11.23       434       H       22/03/14       Bedfordshire Age Group & County Champs       Luton       Team Luton         2:12.49       421       H       20/09/14       Team Luton Club Championships       Luton         2:13.12       415       H       12/07/14       Hatfield Summer Spectacle at the Sports Village       Hatfield       Team Luton         2:16.25       387       F       23/11/13       Hatfield Winter Gala 2013       Hatfield       Team Luton         2:16.39       386       F       18/01/14       Biggleswade SC 15th Open Meet       Biggleswade       Team Luton         2:17.70       375       H       27/10/13       Flitwick Dolphins SC Open Meet       Biggleswade       Team Luton         2:20.06       357       H       21/09/13       Team Luton SC Club Championships Round 3       Luton       Team Luton         2:25.06       321       H       11/05/13       Mid Beds Swim Squad 3rd Open Meet       Biggleswade       Team Luton         2:27.34       306       F       17/03/13       Hertfordshire County Championships       Borehamwood       Team Luton         2:29.55       293       20/10/12       Romford Town SC 6th SC Open Meet       Romford       Romford	10.69	439	F	10/05/14	Mid Beds Swim Squad L2 Open Meet	Biggleswade	Team Luton	2
2:12.49       421       H       20/09/14       Team Luton Club Championships       Luton         2:13.12       415       H       12/07/14       Hatfield Summer Spectacle at the Sports Village       Hatfield       Team Luton         2:16.25       387       F       23/11/13       Hatfield Winter Gala 2013       Hatfield       Team Luton         2:16.39       386       F       18/01/14       Biggleswade SC 15th Open Meet       Biggleswade       Team Luton         2:17.70       375       H       27/10/13       Flitwick Dolphins SC Open Meet       Biggleswade       Team Luton         2:20.06       357       H       21/09/13       Team Luton SC Club Championships Round 3       Luton       Team Luton         2:25.06       321       H       11/05/13       Mid Beds Swim Squad 3rd Open Meet       Biggleswade       Team Luton         2:27.34       306       F       17/03/13       Hertfordshire County Championships       Borehamwood       Team Luton         2:29.55       293       20/10/12       Romford Town SC 6th SC Open Meet       Romford       Team Luton	11.02	436	Н	26/10/14	Flitwick Dolphins Open Meet	Biggleswade		3
2:13.12       415       H       12/07/14       Hatfield Summer Spectacle at the Sports Village       Hatfield       Team Luton         2:16.25       387       F       23/11/13       Hatfield Winter Gala 2013       Hatfield       Team Luton         2:16.39       386       F       18/01/14       Biggleswade SC 15th Open Meet       Biggleswade       Team Luton         2:17.70       375       H       27/10/13       Flitwick Dolphins SC Open Meet       Biggleswade       Team Luton         2:20.06       357       H       21/09/13       Team Luton SC Club Championships Round 3       Luton       Team Luton         2:25.06       321       H       11/05/13       Mid Beds Swim Squad 3rd Open Meet       Biggleswade       Team Luton         2:27.34       306       F       17/03/13       Hertfordshire County Championships       Borehamwood       Team Luton         2:29.55       293       20/10/12       Romford Town SC 6th SC Open Meet       Romford       Team Luton	11.23	434	Н	22/03/14	Bedfordshire Age Group & County Champs	Luton	Team Luton	2
2:16.25       387       F       23/11/13       Hatfield Winter Gala 2013       Hatfield       Team Luton         2:16.39       386       F       18/01/14       Biggleswade SC 15th Open Meet       Biggleswade       Team Luton         2:17.70       375       H       27/10/13       Flitwick Dolphins SC Open Meet       Biggleswade       Team Luton         2:20.06       357       H       21/09/13       Team Luton SC Club Championships Round 3       Luton       Team Luton         2:25.06       321       H       11/05/13       Mid Beds Swim Squad 3rd Open Meet       Biggleswade       Team Luton         2:27.34       306       F       17/03/13       Hertfordshire County Championships       Borehamwood       Team Luton         2:29.55       293       20/10/12       Romford Town SC 6th SC Open Meet       Romford       Team Luton	12.49	421	Н	20/09/14	Team Luton Club Championships	Luton		4
2:16.39       386       F       18/01/14       Biggleswade SC 15th Open Meet       Biggleswade       Team Luton         2:17.70       375       H       27/10/13       Flitwick Dolphins SC Open Meet       Biggleswade       Team Luton         2:20.06       357       H       21/09/13       Team Luton SC Club Championships Round 3       Luton       Team Luton         2:25.06       321       H       11/05/13       Mid Beds Swim Squad 3rd Open Meet       Biggleswade       Team Luton         2:27.34       306       F       17/03/13       Hertfordshire County Championships       Borehamwood       Team Luton         2:29.55       293       20/10/12       Romford Town SC 6th SC Open Meet       Romford       Team Luton	13.12	415	Н	12/07/14	Hatfield Summer Spectacle at the Sports Village	Hatfield	Team Luton	2
2:17.70       375       H       27/10/13       Flitwick Dolphins SC Open Meet       Biggleswade       Team Luton         2:20.06       357       H       21/09/13       Team Luton SC Club Championships Round 3       Luton       Team Luton         2:25.06       321       H       11/05/13       Mid Beds Swim Squad 3rd Open Meet       Biggleswade       Team Luton         2:27.34       306       F       17/03/13       Hertfordshire County Championships       Borehamwood       Team Luton         2:29.55       293       20/10/12       Romford Town SC 6th SC Open Meet       Romford       Team Luton	16.25	387	F	23/11/13	Hatfield Winter Gala 2013	Hatfield	Team Luton	3
2:20.06         357         H         21/09/13         Team Luton SC Club Championships Round 3         Luton         Team Luton           2:25.06         321         H         11/05/13         Mid Beds Swim Squad 3rd Open Meet         Biggleswade         Team Luton           2:27.34         306         F         17/03/13         Hertfordshire County Championships         Borehamwood         Team Luton           2:29.55         293         20/10/12         Romford Town SC 6th SC Open Meet         Romford         Team Luton	16.39	386	F	18/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Team Luton	3
2:25.06 321 H 11/05/13 Mid Beds Swim Squad 3rd Open Meet Biggleswade Team Luton 2:27.34 306 F 17/03/13 Hertfordshire County Championships Borehamwood Team Luton 2:29.55 293 20/10/12 Romford Town SC 6th SC Open Meet Romford Team Luton	17.70	375	Н	27/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	Team Luton	3
2:27.34 306 F 17/03/13 Hertfordshire County Championships Borehamwood Team Luton 2:29.55 293 20/10/12 Romford Town SC 6th SC Open Meet Romford Team Luton	20.06	357	Н	21/09/13	Team Luton SC Club Championships Round 3	Luton	Team Luton	4
2:29.55 293 20/10/12 Romford Town SC 6th SC Open Meet Romford Team Luton	25.06	321	Н	11/05/13	Mid Beds Swim Squad 3rd Open Meet	Biggleswade	Team Luton	2
·	27.34	306	F	17/03/13	Hertfordshire County Championships	Borehamwood	Team Luton	2
	29.55	293		20/10/12	Romford Town SC 6th SC Open Meet	Romford	Team Luton	3
9/30 07 074 E 00/40/40 Stoveness SO Club Chempionehine Stoveness Stoveness Toom Luite Powered By S	ht 2024	074	Е	00/40/40	Stavanaga CO Olub Champianahina	Chavanaga	Powered By SPOR	ΓSYSTE

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2:32.87	274	F	02/12/12	Stevenage SC Club Championships	Stevenage	Team Luton	4
2:34.42	266	F	19/01/13	Biggleswade SC 14th Open meet	Biggleswade	Team Luton	3
2:36.16	257	F	13/05/12	Stevenage SC May Open Meet	Stevenage	Team Luton	3
2:36.80	254	F	18/03/12	Hertfordshire County Championships	Borehamwood	Team Luton	2
2:41.82	231	F	30/06/12	WSC Alternative Nationals	Watford	Team Luton	3
2:42.49	228	F	27/11/11	Hitchin SC Open Meet 2011	Hitchin	Team Luton	3
2:53.36	188	F	09/07/11	Watford SC Alternative Nationals Open	Watford	Team Luton	3
2:55.62	181	F	06/03/11	Hertfordshire County Championships	Borehamwood	Team Luton	2
2:59.21	170		03/09/11	Hoddesdon Open Meet	Enfield	Team Luton	4
3:02.17	162		15/01/11	Watford County Qualifier Open Meet	Watford	Team Luton	3
3:07.25	149	F	05/12/10	Stevenage Club Championships	Stevenage	Team Luton	4
3:09.27	144		06/11/10	Romford Town 3th Open Meet	Enfield	Team Luton	3
3:10.85	141	F	21/11/10	Herts Development Meet	Borehamwood	Team Luton	4
3:12.41	137		28/11/10	Watford Middle Distance	Watford	Team Luton	2

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
2:02.87	528	F	24/06/17	Biggleswade 18th Open Meet	Biggleswade	Biggleswade	3
2:04.22	511	F	11/03/17	Mid Beds Swim Squad L2 Open Meet 2017	Biggleswade	C Beds SS	2
2:05.73	493	F	03/12/16	Biggleswade 2016 Club Championships	Biggleswade	Biggleswade	4
2:05.75	493	Н	05/11/16	East Swimming 2016 SC Championships	Luton	Biggleswade	2
2:02.90	528	F	19/06/16	Biggleswade 17th Open Meet	Biggleswade	Biggleswade	3
2:02.43	534	F	12/03/16	Mid Beds Swim Squad Level 2 Open Meet	Biggleswade	C Beds SS	2
2:05.63	494	F	16/01/16	Biggleswade 2015 Club Championships	Biggleswade	Biggleswade	4
2:04.96	502	Н	05/12/15	Windsor Open Meet	Maidenhead		3
2:03.00	527	Н	07/11/15	ASA East Region Winter Championships 2015	Luton		2
2:06.61	483	Н	25/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade	Biggleswade	3
2:09.32	453	F	31/01/15	Hatfield Valentines Gala	Hatfield	Team Luton	3
2:09.81	448	F	25/01/15	Biggleswade 16th Open Meet	Biggleswade	Team Luton	3
2:06.26	487	Н	16/11/14	Team Luton Autumn Short Course Meet	Luton		2
2:11.02	436	Н	26/10/14	Flitwick Dolphins Open Meet	Biggleswade		3
2:12.49	421	Н	20/09/14	Team Luton Club Championships	Luton		4
2:13.12	415	Н	12/07/14	Hatfield Summer Spectacle at the Sports Village	Hatfield	Team Luton	2
2:10.69	439	F	10/05/14	Mid Beds Swim Squad L2 Open Meet	Biggleswade	Team Luton	2
2:08.88	458	Н	26/04/14	Team Luton 2014 Short Course Open Meet	Luton	Team Luton	3
2:11.23	434	Н	22/03/14	Bedfordshire Age Group & County Champs	Luton	Team Luton	2
2:16.39	386	F	18/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Team Luton	3
2:16.25	387	F	23/11/13	Hatfield Winter Gala 2013	Hatfield	Team Luton	3
2:17.70	375	Н	27/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	Team Luton	3
2:20.06	357	Н	21/09/13	Team Luton SC Club Championships Round 3	Luton	Team Luton	4
2:25.06	321	Н	11/05/13	Mid Beds Swim Squad 3rd Open Meet	Biggleswade	Team Luton	2
2:27.34	306	F	17/03/13	Hertfordshire County Championships	Borehamwood	Team Luton	2
2:34.42	266	F	19/01/13	Biggleswade SC 14th Open meet	Biggleswade	Team Luton	3
2:32.87	274	F	02/12/12	Stevenage SC Club Championships	Stevenage	Team Luton	4
2:32.87	274	F	02/12/12	Stevenage SC Club Championships	Stevenage	Team Luton	4
2:29.55	293		20/10/12	Romford Town SC 6th SC Open Meet	Romford	Team Luton	3
2:41.82	231	F	30/06/12	WSC Alternative Nationals	Watford	Team Luton	3
2:36.16	257	F	13/05/12	Stevenage SC May Open Meet	Stevenage	Team Luton	3
2:36.80	254	F	18/03/12	Hertfordshire County Championships	Borehamwood	Team Luton	2
2:42.49	228	F	27/11/11	Hitchin SC Open Meet 2011	Hitchin	Team Luton	3
2:59.21	170		03/09/11	Hoddesdon Open Meet	Enfield	Team Luton	4
2:53.36	188	F	09/07/11	Watford SC Alternative Nationals Open	Watford	Team Luton	3

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2:55.62	181	F	06/03/11	Hertfordshire County Championships	Borehamwood	Team Luton	2 2
3:02.17	162		15/01/11	Watford County Qualifier Open Meet	Watford	Team Luton	3
3:07.25	149	F	05/12/10	Stevenage Club Championships	Stevenage	Team Luton	4
3:12.41	137		28/11/10	Watford Middle Distance	Watford	Team Luton	2
3:10.85	141	F	21/11/10	Herts Development Meet	Borehamwood	Team Luton	4
3:09.27	144		06/11/10	Romford Town 3th Open Meet	Enfield	Team Luton	3

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