Individual Best Times (All Time)

Jack Ryan - (752850) - Central Bedfordshire Swim Squad - 200 Backstroke - Short Course

Performance Graph

Swims in Time Order

Drag to Zoom, right click to reset.

21.865 442 F 1906/16 Biggleswade 17th Open Meet Biggleswade Biggleswade 21.943 434 H 06/12/15 Windsor Open Meet Maidenhead 221.943 415 F 1203/16 Mid Beds Swim Squad Level 2 Open Meet Biggleswade C Bods SS 223.37 399 H 24/10/15 Filwick Dolphins Open Meet 2015 Biggleswade Biggleswade 224.402 394 F 1601/16 Biggleswade 2015 Club Championships Biggleswade Diggleswade 224.47 390 H 06/11/16 East Swimming 2016 SC Championships Luton Biggleswade C Beds SS 224.48 389 F 1203/17 Mid Beds Swim Squad L2 Open Meet 2017 Biggleswade Team Luton 225.41 383 H 15/11/14 Team Luton OPen Meet Luton Team Luton 225.41 383 H 15/11/14 Team Luton SC Club Championships Luton Team Luton 225.41 383 H 15/11/14 Team Luton SC Club Champio	Гime	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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2:58.05208F21/01/12Biggleswade Open MeetBiggleswadeTeam Luton3:03.99189F27/11/11Hitchin SC Open Meet 2011HitchinTeam Luton3:08.08177F10/07/11Watford SC Alternative Nationals OpenWatfordTeam Luton2:12.40162F05/02/11Hatfordebics County ChampionshipsBacehamyunadTeam Luton	2:53.89	224	F	17/03/12	Hertfordshire County Championships	Borehamwood	Team Luton	2
3:03.99 189 F 27/11/11 Hitchin SC Open Meet 2011 Hitchin Team Luton 3:08.08 177 F 10/07/11 Watford SC Alternative Nationals Open Watford Team Luton 2:12.40 162 F 05/02/11 Hitchin G County Championships Barshamyunad Team Luton	2:54.62	221	F	01/07/12	WSC Alternative Nationals	Watford	Team Luton	3
3:08.08 177 F 10/07/11 Watford SC Alternative Nationals Open Watford Team Luton 2:12.40 162 E 05/02/11 Hartfordebics County Championships Barthomyused Team Luton	2:58.05	208	F	21/01/12	Biggleswade Open Meet	Biggleswade	Team Luton	3
242.40 160 E 0E/02/11 Hatterdahira County Championahina Barahamwaad Taam Lutan	3:03.99	189	F	27/11/11	Hitchin SC Open Meet 2011	Hitchin	Team Luton	3
9:19:40 160 E 0E/09/11 Hotfordahira County Championshina Barahamwaad Toom Luten Powered By SF	3:08.08	177	F	10/07/11	Watford SC Alternative Nationals Open	Watford	Team Luton	3
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3:14.53	160		03/09/11	Hoddesdon Open Meet	Enfield	Team Luton	4
3:19.18	149		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Team Luton	3
3:20.69	145		28/11/10	Watford Middle Distance	Watford	Team Luton	2
3:25.83	135	F	21/11/10	Herts Development Meet	Borehamwood	Team Luton	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.68	389	F	11/03/17	Mid Beds Swim Squad L2 Open Meet 2017	Biggleswade	C Beds SS	2
2:32.11	334	F	03/12/16	Biggleswade 2016 Club Championships	Biggleswade	Biggleswade	4
2:24.47	390	Н	06/11/16	East Swimming 2016 SC Championships	Luton	Biggleswade	2
2:18.65	442	F	19/06/16	Biggleswade 17th Open Meet	Biggleswade	Biggleswade	3
2:21.54	415	F	12/03/16	Mid Beds Swim Squad Level 2 Open Meet	Biggleswade	C Beds SS	2
2:24.02	394	F	16/01/16	Biggleswade 2015 Club Championships	Biggleswade	Biggleswade	4
2:19.43	434	Н	06/12/15	Windsor Open Meet	Maidenhead		3
2:23.37	399	Н	24/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade	Biggleswade	3
2:25.39	383	F	24/01/15	Biggleswade 16th Open Meet	Biggleswade	Team Luton	3
2:25.41	383	Н	15/11/14	Team Luton Autumn Short Course Meet	Luton		2
2:26.99	371	Н	25/10/14	Flitwick Dolphins Open Meet	Biggleswade		3
2:30.03	349	Н	17/05/14	Team Luton SC Club Championships	Luton	Team Luton	4
2:32.61	331	F	10/05/14	Mid Beds Swim Squad L2 Open Meet	Biggleswade	Team Luton	2
2:27.01	370	Н	27/04/14	Team Luton 2014 Short Course Open Meet	Luton	Team Luton	3
2:29.25	354	Н	08/03/14	Bedfordshire Age Group & County Champs	Luton	Team Luton	2
2:34.43	320	F	19/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Team Luton	3
2:35.58	312	Н	26/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	Team Luton	3
2:45.41	260	Н	25/05/13	Team Luton Club Championships 1	Luton	Team Luton	4
2:48.62	245	Н	11/05/13	Mid Beds Swim Squad 3rd Open Meet	Biggleswade	Team Luton	2
2:46.71	254	F	16/03/13	Hertfordshire County Championships	Borehamwood	Team Luton	2
2:52.82	228		20/10/12	Romford Town SC 6th SC Open Meet	Romford	Team Luton	3
2:54.62	221	F	01/07/12	WSC Alternative Nationals	Watford	Team Luton	3
2:53.89	224	F	17/03/12	Hertfordshire County Championships	Borehamwood	Team Luton	2
2:58.05	208	F	21/01/12	Biggleswade Open Meet	Biggleswade	Team Luton	3
3:03.99	189	F	27/11/11	Hitchin SC Open Meet 2011	Hitchin	Team Luton	3
3:14.53	160		03/09/11	Hoddesdon Open Meet	Enfield	Team Luton	4
3:08.08	177	F	10/07/11	Watford SC Alternative Nationals Open	Watford	Team Luton	3
3:13.49	162	F	05/03/11	Hertfordshire County Championships	Borehamwood	Team Luton	2
3:19.18	149		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Team Luton	3
3:20.69	145		28/11/10	Watford Middle Distance	Watford	Team Luton	2
3:25.83	135	F	21/11/10	Herts Development Meet	Borehamwood	Team Luton	4