

# Individual Best Times (All Time)

Jack Ryan - (752850) - Central Bedfordshire Swim Squad - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.06	397	F	24/06/17	Biggleswade 18th Open Meet	Biggleswade	Biggleswade	3
30.42	383	F	19/06/16	Biggleswade 17th Open Meet	Biggleswade	Biggleswade	3
30.48	381	H	06/11/16	East Swimming 2016 SC Championships	Luton	Biggleswade	2
30.66	375	F	13/03/16	Mid Beds Swim Squad Level 2 Open Meet	Biggleswade	C Beds SS	2
30.84	368	F	12/03/17	Mid Beds Swim Squad L2 Open Meet 2017	Biggleswade	C Beds SS	2
31.03	361	H	24/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade	Biggleswade	3
31.26	353	H	15/11/14	Team Luton Autumn Short Course Meet	Luton		2
31.45	347	F	03/09/16	Biggleswade Club Championships	Biggleswade	Biggleswade	4
31.78	336	F	25/01/15	Biggleswade 16th Open Meet	Biggleswade	Team Luton	3
31.86	334	F	19/09/15	Biggleswade SC 2015 Club Championships	Biggleswade	Biggleswade	4
31.96	331	H	25/10/14	Flitwick Dolphins Open Meet	Biggleswade		3
32.20	323	H	18/10/14	Team Luton Club Championships	Luton		4
32.25	322	H	22/03/14	Bedfordshire Age Group & County Champs	Luton	Team Luton	2
33.10	298	F	11/05/14	Mid Beds Swim Squad L2 Open Meet	Biggleswade	Team Luton	2
33.39	290	H	19/10/13	Team Luton Club Championships	Luton	Team Luton	4
35.94	232	F	24/03/13	Hertfordshire County Championships	Borehamwood	Team Luton	2
36.91	214	F	19/01/13	Biggleswade SC 14th Open meet	Biggleswade	Team Luton	3
38.46	189		20/10/12	Romford Town SC 6th SC Open Meet	Romford	Team Luton	3
39.29	178	F	12/05/12	Stevenage SC May Open Meet	Stevenage	Team Luton	3
39.35	177	F	27/11/11	Hitchin SC Open Meet 2011	Hitchin	Team Luton	3
39.45	176	F	25/03/12	Hertfordshire ASA County Championships	Borehamwood	Team Luton	2
39.87	170	F	20/11/11	Stevenage SC Club Championships	Stevenage	Team Luton	4
40.24	165	F	30/06/12	WSC Alternative Nationals	Watford	Team Luton	3
42.15	144		03/09/11	Hoddesdon Open Meet	Enfield	Team Luton	4
43.21	133	F	20/03/11	Hertfordshire County Championships	Borehamwood	Team Luton	2
43.56	130	F	07/05/11	Stevenage SC May Open Meet	Stevenage	Team Luton	3
43.83	127	F	09/07/11	Watford SC Alternative Nationals Open	Watford	Team Luton	3

43.93	127	F	09/07/11	Watford SC Alternative Nationals Open	Watford	Team Luton	3
44.13	125		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Team Luton	3
44.97	118	F	05/12/10	Stevenage Club Championships	Stevenage	Team Luton	4
44.98	118		15/01/11	Watford County Qualifier Open Meet	Watford	Team Luton	3
46.92	104		28/11/10	Watford Middle Distance	Watford	Team Luton	2
47.01	104	H	03/10/10	Cheshunt Open Meet	Borehamwood	Team Luton	3
50.39	84	F	20/03/10	Hertfordshire Champs	Borehamwood	Team Luton	2

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