

Individual Best Times (All Time)

Isabel Cockerham - (752450) - Pioneer 79 Swimming Club - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:36.64	584	H	27/09/15	North Lancashire Level 2 Meet	Blackpool	Leyland Barr	2
4:41.16	556	H	06/11/16	ASA North West Region Winter Championships	Manchester	Pioneer 79	2
4:41.63	553	H	22/11/16	Stockport Metro November Open Meet	Stockport	Pioneer 79	2
4:41.82	552	H	08/11/15	ASA North West Region Winter Championships	Liverpool	Leyland Barr	2
4:42.67	547	H	02/10/16	North Lancs L2 Age Groups & Champs	Blackpool	Pioneer 79	2
4:44.89	535	H	21/09/14	Leyland Barracudas ASC Distance Meet	Leyland	Leyland Barr	4
4:46.87	524	H	11/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	Leyland Barr	2
4:50.08	506		20/04/14	City of Birmingham 21st Open Meet	Birmingham	Leyland Barr	2
4:57.21	471	H	01/02/14	North Lancashire Age Groups, Youth & Champs	Blackpool	Leyland Barr	3
5:05.07	435	H	02/11/13	City of Salford SC Potential Olympians 2013	Salford	Leyland Barr	2
5:10.24	414	H	19/01/13	North Lancashire AG & Youth Champs	Blackpool	Leyland Barr	3
5:17.99	384	H	29/04/12	Satellite of Macclesfield 25th Open Meet	Macclesfield	Leyland Barr	2
5:28.37	349	H	21/01/12	North Lancashire Age Group & Youth Champs	Blackpool	Leyland Barr	3
5:45.16	300	H	22/10/11	Harrogate Junior Meet	Harrogate	Leyland Barr	2

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5:45.16	300	H	22/10/11	Harrogate Junior Meet	Harrogate	Leyland Barr	2