

# Individual Best Times (All Time)

Mark Hill - (752277) - East Kilbride ASC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time  | WA Pts | Round | Date     | Meet   | Venue          | Club Swam Under | Level |
|-------|--------|-------|----------|--|----------------|-----------------|-------|
| 28.54 | 464    | H     | 10/12/16 | Scottish National Short Course Championships | Edinburgh      | SLanarkshire    | 1     |
| 28.84 | 450    | H     | 14/06/15 | Open Age Group and Senior Meet 2015          | Glasgow        | Cumbernauld     | 2     |
| 28.94 | 445    | H     | 06/11/16 | North District Open Championships            | Inverness      | Eastkilbride    | 1     |
| 29.09 | 439    | H     | 12/12/15 | Scottish National Short Course Meet          | Edinburgh      | North Lan ST    | 1     |
| 29.23 | 432    | F     | 28/08/16 | 2016 SASA West District SR Champs            | Glasgow        | Cumbernauld     | 1     |
| 29.24 | 432    | F     | 14/06/15 | Open Age Group and Senior Meet 2015          | Glasgow        | Cumbernauld     | 2     |
| 29.85 | 406    | H     | 28/08/16 | 2016 SASA West District SR Champs            | Glasgow        |                 | 1     |
| 30.13 | 395    | F     | 14/02/15 | Sharks Open Meet                             | Bellshill      | Cumbernauld     | 2     |
| 30.23 | 391    | H     | 14/02/15 | Sharks Open Meet                             | Bellshill      | Cumbernauld     | 2     |
| 32.95 | 302    | H     | 15/02/14 | Belshill Sharks Open Meet 2014               | Belshill       | Cumbernauld     | 2     |
| 33.22 | 294    | F     | 15/02/14 | Belshill Sharks Open Meet 2014               | Belshill       | Cumbernauld     | 2     |
| 34.58 | 261    | H     | 31/08/13 | 2013 SAS West District SC SR Champs          | South Ayrshire | Cumbernauld     | 1     |
| 34.70 | 258    | F     | 31/08/13 | 2013 SAS West District SC SR Champs          | South Ayrshire | Cumbernauld     | 1     |
| 35.50 | 241    | H     | 24/03/13 | Cumbernauld Age Group Open & Senior Meet     | Cumbernauld    | Cumbernauld     | 2     |
| 36.55 | 221    | F     | 24/03/13 | Cumbernauld Age Group Open & Senior Meet     | Cumbernauld    | Cumbernauld     | 2     |
| 40.91 | 157    |       | 21/04/12 | FIRST Open Meet                              | Dunfermline    | Cumbernauld     | 2     |

## Swims in Date Order

| Time  | WA Pts | Round | Date     | Meet   | Venue     | Club Swam Under | Level |
|-------|--------|-------|----------|--|-----------|-----------------|-------|
| 28.54 | 464    | H     | 10/12/16 | Scottish National Short Course Championships | Edinburgh | SLanarkshire    | 1     |
| 28.94 | 445    | H     | 06/11/16 | North District Open Championships            | Inverness | Eastkilbride    | 1     |
| 29.23 | 432    | F     | 28/08/16 | 2016 SASA West District SR Champs            | Glasgow   | Cumbernauld     | 1     |
| 29.85 | 406    | H     | 28/08/16 | 2016 SASA West District SR Champs            | Glasgow   |                 | 1     |
| 29.09 | 439    | H     | 12/12/15 | Scottish National Short Course Meet          | Edinburgh | North Lan ST    | 1     |
| 29.24 | 432    | F     | 14/06/15 | Open Age Group and Senior Meet 2015          | Glasgow   | Cumbernauld     | 2     |
| 28.84 | 450    | H     | 14/06/15 | Open Age Group and Senior Meet 2015          | Glasgow   | Cumbernauld     | 2     |

|       |     |   |          |  |                |             |   |
|-------|-----|---|----------|--|----------------|-------------|---|
| 30.13 | 395 | F | 14/02/15 | Sharks Open Meet                         | Bellshill      | Cumbernauld | 2 |
| 30.23 | 391 | H | 14/02/15 | Sharks Open Meet                         | Bellshill      | Cumbernauld | 2 |
| 33.22 | 294 | F | 15/02/14 | Belshill Sharks Open Meet 2014           | Belshill       | Cumbernauld | 2 |
| 32.95 | 302 | H | 15/02/14 | Belshill Sharks Open Meet 2014           | Belshill       | Cumbernauld | 2 |
| 34.70 | 258 | F | 31/08/13 | 2013 SAS West District SC SR Champs      | South Ayrshire | Cumbernauld | 1 |
| 34.58 | 261 | H | 31/08/13 | 2013 SAS West District SC SR Champs      | South Ayrshire | Cumbernauld | 1 |
| 36.55 | 221 | F | 24/03/13 | Cumbernauld Age Group Open & Senior Meet | Cumbernauld    | Cumbernauld | 2 |
| 35.50 | 241 | H | 24/03/13 | Cumbernauld Age Group Open & Senior Meet | Cumbernauld    | Cumbernauld | 2 |
| 40.91 | 157 |   | 21/04/12 | FIRST Open Meet                          | Dunfermline    | Cumbernauld | 2 |