

Individual Best Times (All Time)

Kirsty Griffiths - (752275) - City Of Glasgow Swim Team - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:26.07	580	H	08/12/17	Scottish National Short Course Open Champs	Edinburgh	Co Glasgow	2
2:28.88	548	F	05/09/15	North Ayrshire Distance Meet	Stevenston	Co Glasgow	2
2:29.04	546	H	09/12/16	Scottish National Short Course Championships	Edinburgh	Co Glasgow	1
2:29.44	542	H	04/11/17	North District Open Championships 2017	Inverness		1
2:30.00	536	H	11/12/15	Scottish National Short Course Meet	Edinburgh		1
2:31.00	525	F	08/11/17	South Lanarkshire Schools 2017	Larkhill LC		2
2:32.13	513	F	07/01/17	FIRST Annual Open Meet 2017	Bathgate	Co Glasgow	2
2:32.17	513	F	04/11/15	South Lanarkshire Schools 2015	South Lanarkshire		2
2:32.75	507	F	24/10/15	Carnegie Winter Open Meet	Dunfermline	Co Glasgow	2
2:33.35	501	H	14/11/15	SASA North District Grand Prix 2015	Inverness	Co Glasgow	1
2:35.22	483	F	15/02/15	Sharks Open Meet	Bellshill	Hamilton	2
2:35.78	478	F	30/11/14	Cumbernauld Winter Open Meet	Cumbernauld	Hamilton	2
2:37.97	459	F	15/11/14	West District SC JAG Championships	Cumbernauld	Hamilton	1
2:39.41	446	H	15/11/14	West District SC JAG Championships	Cumbernauld	Hamilton	1
2:42.99	417	F	06/11/13	South Lanarkshire School Swimming Champs	Larkhall	Hamilton	2
2:43.76	412	F	30/11/13	Cumbernauld Open Age Group Meet	Cumbernauld	Hamilton	2
2:45.85	396	F	16/02/14	Belshill Sharks Open Meet 2014	Belshill	Hamilton	2
2:46.16	394	H	16/11/13	SASA West District JAG SC Champs	Cumbernauld	Hamilton	1
2:46.22	394	F	16/11/13	SASA West District JAG SC Champs	Cumbernauld	Hamilton	1
2:51.26	360	F	26/05/13	Alloa ASC Open Meet	Alloa	Hamilton	2
3:00.89	305		17/11/12	2012 WD Short Course Championships JAG	Cumbernauld	Hamilton	1
3:07.19	275	F	16/06/12	Cumbernauld SC Open Age Group Meet	Cumbernauld	Hamilton	2
3:16.18	239	F	18/06/11	Cumbernauld Open Age Group Meet	Cumbernauld	Hamilton	2
3:18.48	231	F	29/10/11	Alloa Graded Meet	Alloa	Hamilton	2

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