

Individual Best Times (All Time)

Kirsty Griffiths - (752275) - City Of Glasgow Swim Team - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.92	553	F	23/09/17	Scottish National Team Champs 2017	Aberdeen	Co Glasgow	1
28.44	524	H	09/12/17	Scottish National Short Course Open Champs	Edinburgh	Co Glasgow	2
28.79	505	F	08/11/15	Ren 96 Open Meet	Linwood	Co Glasgow	2
28.79	505	H	06/11/16	Ren 96 Open Meet	Linwood	Co Glasgow	2
28.89	499	F	06/11/16	Ren 96 Open Meet	Linwood	Co Glasgow	2
29.01	493	F	29/08/15	SASA West District SR Championships	Ayr	Co Glasgow	1
29.09	489	H	25/10/15	Carnegie Winter Open Meet	Dunfermline	Co Glasgow	2
29.11	488	F	25/10/15	Carnegie Winter Open Meet	Dunfermline	Co Glasgow	2
29.27	480	H	08/11/15	Ren 96 Open Meet	Linwood	Co Glasgow	2
29.39	474	H	29/08/15	SASA West District SR Championships	Ayr	Co Glasgow	1
30.10	442	F	24/08/14	Cumbernauld Autumn Graded Meet	Tryst	Hamilton	2
30.25	435	H	08/11/14	Ren 96 Open Meet	Renfrew	Hamilton	2
30.28	434	H	15/02/15	Sharks Open Meet	Bellshill	Hamilton	2
30.34	431	H	24/08/14	Cumbernauld Autumn Graded Meet	Tryst	Hamilton	2
30.35	431	H	06/09/14	2014 SASA West District SC SR Championships	Bellshill	Hamilton	2
30.41	428	F	08/11/14	Ren 96 Open Meet	Renfrew	Hamilton	2
30.68	417	H	16/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	Hamilton	2
30.68	417	F	30/11/14	Cumbernauld Winter Open Meet	Cumbernauld	Hamilton	2
30.76	414	H	30/11/14	Cumbernauld Winter Open Meet	Cumbernauld	Hamilton	2
30.83	411	H	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld		2
30.85	410	F	16/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	Hamilton	2
30.98	405	F	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	Hamilton	2
31.25	395	F	30/11/13	Cumbernauld Open Age Group Meet	Cumbernauld	Hamilton	2
31.38	390	F	25/08/13	Cumbernauld Graded AG Autumn Meet	Cumbernauld	Hamilton	2
31.47	386	H	31/08/13	2013 SAS West District SC SR Champs	South Ayrshire	Hamilton	1
31.52	384	H	30/11/13	Cumbernauld Open Age Group Meet	Cumbernauld	Hamilton	2
31.66	370	H	25/08/13	Cumbernauld Graded AG Autumn Meet	Cumbernauld	Hamilton	2

31.66	379	H	23/09/13	Cumbernauld Graded AG Autumn Meet	Cumbernauld	Hamilton	2
31.66	379	H	16/02/14	Belshill Sharks Open Meet 2014	Belshill	Hamilton	2
31.77	375	F	16/02/14	Belshill Sharks Open Meet 2014	Belshill	Hamilton	2
32.48	351	H	23/03/13	Cumbernauld Age Group Open & Senior Meet	Cumbernauld	Hamilton	2
32.53	350	F	24/10/15	Carnegie Winter Open Meet	Dunfermline	Co Glasgow	2
33.09	332	H	17/02/13	Bellshill Sharks ASC Open Meet	Bellshill	Hamilton	2
34.30	298		01/09/12	West District Group 5 Championships	Ayr	Hamilton	1
34.34	297	H	16/06/12	Cumbernauld SC Open Age Group Meet	Cumbernauld	Hamilton	2
37.57	227		19/02/11	Glenrothes Spring Meet	Glenrothes	Hamilton	2
38.84	205	H	18/06/11	Cumbernauld Open Age Group Meet	Cumbernauld	Hamilton	2
42.80	153		20/06/10	Alloa Open Meet	Stirling	Hamilton	2

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