Individual Best Times (All Time)

Aaron Crockford - (750592) - Fareham Nomads SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:34.88	460	F	29/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	Portsmouth N	2
4:40.82	431	F	25/10/14	Portsmouth Northsea Halloween Meet	Portsmouth	Portsmouth N	3
4:41.41	429	F	18/11/16	Portsmouth Northsea Level 4 400 Meet	Portsmouth	Portsmouth N	4
4:55.63	370		17/11/13	Swim Bournemouth 5th Christmas Open Meet	Bournemouth	Portsmouth N	3
4:58.40	359	F	18/10/13	Portsmouth Northsea Halloween Level 3 Meet	Portsmouth	Portsmouth N	3
5:52.28	218	H	28/09/12	Fareham Nomads Club Championships	Fareham	Portsmouth N	4
6:19.34	175	H	06/11/11	Fareham Nomads Club Championships	Fareham	Portsmouth N	4
6:47.65	141	H	07/11/10	Fareham Nomads Champs	Westhill Park	Portsmouth N	4

Swims in Date Order

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