

Individual Best Times (All Time)

Aaron Crockford - (750592) - Fareham Nomads SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:04.30	459	H	24/10/15	Manchester International Meet 2015	Manchester	Portsmouth N	2
5:11.78	427	F	29/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	Portsmouth N	4
5:17.37	404	H	16/11/14	Hampshire Schools Championships	Waterlooville		3
5:42.37	322		16/11/13	Swim Bournemouth 5th Christmas Open Meet	Bournemouth	Portsmouth N	3
6:36.80	207	H	30/09/12	Fareham Nomads Club Championships	Fareham	Portsmouth N	4
7:07.03	166	H	13/11/11	Fareham Nomads Club Championships	Fareham	Portsmouth N	4

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