

Individual Best Times (All Time)

Aaron Crockford - (750592) - Fareham Nomads SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|---------------|-----------------|-------|
| 2:26.30 | 420 | F | 25/10/15 | Manchester International Meet 2015 | Manchester | Portsmouth N | 2 |
| 2:30.19 | 388 | F | 30/09/16 | PNSC Club Championships 2016 | Portsmouth | Portsmouth N | 4 |
| 2:31.73 | 377 | F | 30/11/14 | Portsmouth Northsea Christmas Cracker | Portsmouth | Portsmouth N | 2 |
| 2:32.28 | 373 | H | 16/11/14 | Hampshire Schools Championships | Waterlooville | | 3 |
| 2:33.32 | 365 | F | 26/10/14 | Portsmouth Northsea Halloween Meet | Portsmouth | Portsmouth N | 3 |
| 2:36.54 | 343 | F | 23/01/15 | Portsmouth Northsea Level 4 Time Trials | Portsmouth | Portsmouth N | 4 |
| 2:39.76 | 323 | | 17/11/13 | Swim Bournemouth 5th Christmas Open Meet | Bournemouth | Portsmouth N | 3 |
| 2:40.85 | 316 | | 24/11/13 | Hampshire Schools 2013 | Waterlooville | Portsmouth N | 3 |
| 2:43.83 | 299 | F | 07/02/14 | Portsmouth Northsea Level 4 Meet | Portsmouth | Portsmouth N | 4 |
| 2:44.86 | 294 | F | 18/10/13 | Portsmouth Northsea Halloween Level 3 Meet | Portsmouth | Portsmouth N | 3 |
| 2:48.88 | 273 | | 09/03/13 | Hampshire County Championships | Southampton | Portsmouth N | 2 |
| 2:50.83 | 264 | | 10/02/13 | City of Southampton Open Meet | Southampton | Portsmouth N | 2 |
| 2:51.91 | 259 | | 09/03/13 | Hampshire County Championships | Southampton | Portsmouth N | 2 |
| 2:57.83 | 234 | | 05/01/13 | Basingstoke Bluefins Age Group Open Meet | Basingstoke | Portsmouth N | 3 |
| 3:01.25 | 221 | | 15/12/12 | Swim Bournemouth 4th Christmas Meet | Bournemouth | Portsmouth N | 2 |
| 3:01.90 | 218 | | 21/10/12 | City of Southampton James Moreno Meet | Southampton | Portsmouth N | 2 |
| 3:02.69 | 216 | H | 22/07/12 | Fareham Nomads SC Summer Open Meet 2012 | Southampton | Portsmouth N | 3 |
| 3:03.83 | 212 | H | 05/10/12 | Fareham Nomads Club Championships | Fareham | Portsmouth N | 4 |
| 3:10.60 | 190 | H | 17/07/11 | Fareham Nomads Summer Open Meet | Southampton | Portsmouth N | 3 |
| 3:11.61 | 187 | | 05/02/12 | City of Southampton Open Meet | Southampton | Portsmouth N | 2 |
| 3:11.98 | 186 | | 14/04/12 | Swim Bournemouth 2nd Annual Open Meet | Littledown | Portsmouth N | 2 |
| 3:14.13 | 180 | | 06/03/11 | Hampshire County Championships | Waterlooville | Portsmouth N | 2 |
| 3:15.59 | 176 | | 06/03/11 | Hampshire County Championships | Waterlooville | Portsmouth N | 2 |
| 3:17.69 | 170 | H | 27/11/11 | Fareham Nomads Club Championships | Fareham | Portsmouth N | 4 |
| 3:19.34 | 166 | | 07/01/12 | Basingstoke Bluefins New Year Meet | Basingstoke | Portsmouth N | 4 |
| 3:20.81 | 162 | | 08/01/11 | Basingstoke Bluefins AA Graded Open Meet | Basingstoke | Portsmouth N | 4 |
| 4:03.00 | 00 | H | 00/11/00 | Fareham Nomads Club Champs | Fareham | Portsmouth N | 4 |

Swims in Date Order

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| 2:30.19 | 388 | F | 30/09/16 | PNSC Club Championships 2016 | Portsmouth | Portsmouth N | 4 |
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| 2:32.28 | 373 | H | 16/11/14 | Hampshire Schools Championships | Waterlooville | | 3 |
| 2:33.32 | 365 | F | 26/10/14 | Portsmouth Northsea Halloween Meet | Portsmouth | Portsmouth N | 3 |
| 2:43.83 | 299 | F | 07/02/14 | Portsmouth Northsea Level 4 Meet | Portsmouth | Portsmouth N | 4 |
| 2:40.85 | 316 | | 24/11/13 | Hampshire Schools 2013 | Waterlooville | Portsmouth N | 3 |
| 2:39.76 | 323 | | 17/11/13 | Swim Bournemouth 5th Christmas Open Meet | Bournemouth | Portsmouth N | 3 |
| 2:44.86 | 294 | F | 18/10/13 | Portsmouth Northsea Halloween Level 3 Meet | Portsmouth | Portsmouth N | 3 |
| 2:51.91 | 259 | | 09/03/13 | Hampshire County Championships | Southampton | Portsmouth N | 2 |
| 2:48.88 | 273 | | 09/03/13 | Hampshire County Championships | Southampton | Portsmouth N | 2 |
| 2:50.83 | 264 | | 10/02/13 | City of Southampton Open Meet | Southampton | Portsmouth N | 2 |
| 2:57.83 | 234 | | 05/01/13 | Basingstoke Bluefins Age Group Open Meet | Basingstoke | Portsmouth N | 3 |
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| 3:15.59 | 176 | | 06/03/11 | Hampshire County Championships | Waterlooville | Portsmouth N | 2 |
| 3:14.13 | 180 | | 06/03/11 | Hampshire County Championships | Waterlooville | Portsmouth N | 2 |
| 3:20.81 | 162 | | 08/01/11 | Basingstoke Bluefins AA Graded Open Meet | Basingstoke | Portsmouth N | 4 |
| 4:02.39 | 92 | H | 29/11/09 | Fareham Nomads Club Champs | Fareham | Portsmouth N | 4 |