Individual Best Times (All Time)

Benjamin Iain DUHERIC - (748850) - Warrender Baths Club - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:11.43	428	F	09/11/14	Ren 96 Open Meet	Renfrew	Warrender Ba	2
5:13.14	421		27/04/14	Midlothian Spring Meet	Presonpans	Warrender Ba	2
5:14.13	417	F	02/11/14	East District Age Group Championships	Fife	Warrender Ba	2
5:16.07	410	F	01/02/15	North Ayrshire 200 Meet	Auchenharvie		2
5:17.78	403	F	11/10/15	WBC Club Championships 2015 Weekend	Glenrothes	Warrender Ba	2
5:22.66	385		03/11/13	East District Age Group Championships	Glenrothes	Warrender Ba	1
5:26.67	371	F	12/10/14	Warrender Championships	Glenrothes	Warrender Ba	2
5:28.09	366	F	22/06/13	East Lothian Distance Meet	Prestonpans	Warrender Ba	2
5:33.29	349	F	20/01/13	SASA Junior Meet 2013	Westhill	Warrender Ba	2
5:33.90	347	F	17/02/13	Bellshill Sharks ASC Open Meet	Bellshill	Warrender Ba	2
5:44.01	318		04/11/12	East District Age Group Championships	Bathgate	Warrender Ba	1
6:01.09	274		27/05/12	Incas Distance Gala 2012	Glenrothes	Warrender Ba	2
6:06.84	262	F	16/06/12	East Lothian Distance Meet	Prestonpans	Warrender Ba	2
6:37.35	206		18/06/11	Aquanauts Livingston 10th Graded Meet	Bathgate	Warrender Ba	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
5:17.78	403	F	11/10/15	WBC Club Championships 2015 Weekend	Glenrothes	Warrender Ba	2
5:16.07	410	F	01/02/15	North Ayrshire 200 Meet	Auchenharvie		2
5:11.43	428	F	09/11/14	Ren 96 Open Meet	Renfrew	Warrender Ba	2
5:14.13	417	F	02/11/14	East District Age Group Championships	Fife	Warrender Ba	2
5:26.67	371	F	12/10/14	Warrender Championships	Glenrothes	Warrender Ba	2
5:13.14	421		27/04/14	Midlothian Spring Meet	Presonpans	Warrender Ba	2
5:22.66	385		03/11/13	East District Age Group Championships	Glenrothes	Warrender Ba	1
5:28.09	366	F	22/06/13	East Lothian Distance Meet	Prestonpans	Warrender Ba	2
5:33.90	347	F	17/02/13	Bellshill Sharks ASC Open Meet	Bellshill	Warrender Ba	2

Copyright 2024

Powered By SPORTSYSTEMS

5:33.29	349	F	20/01/13	SASA Junior Meet 2013	Westhill	Warrender Ba	2
5:44.01	318		04/11/12	East District Age Group Championships	Bathgate	Warrender Ba	1
6:06.84	262	F	16/06/12	East Lothian Distance Meet	Prestonpans	Warrender Ba	2
6:01.09	274		27/05/12	Incas Distance Gala 2012	Glenrothes	Warrender Ba	2
6:37.35	206		18/06/11	Aquanauts Livingston 10th Graded Meet	Bathgate	Warrender Ba	2

Page 2 / 2