Individual Best Times (All Time)

Lewis Smith - (746909) - City of Norwich SC - 400 Individual Medley - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:15.65	411	F	27/09/12	UEA City of Norwich SC Club Championship	Norwich	Co Norwich	4
5:28.12	366	F	29/09/11	UEA City of Norwich Club Championships	Norwich	Co Norwich	4
5:34.06	347	Н	10/03/12	Norfolk County Championships	Thetford	Co Norwich	2
5:37.49	336	Н	14/01/12	City of Cambridge Winter Short Course Meet	Cambridge	Co Norwich	2
5:44.79	315	Н	12/03/11	Norfolk County Championships	Thetford	Co Norwich	2
5:45.68	313	F	05/11/11	City of Norwich The Big Bang 2011	Norwich	Co Norwich	2

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