

Individual Best Times (All Time)

Lewis Smith - (746909) - City of Norwich SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.40	391	H	07/03/15	Norfolk County Championships	Thetford		2
2:27.33	368	F	18/11/12	City of Milton Keynes 502400s Open Meet	Milton Keynes	Co Norwich	2
2:29.60	352	F	08/07/12	City of Norwich Mid Summer Madness	Norwich	Co Norwich	3
2:30.62	344	F	29/09/12	UEA City of Norwich SC Club Championship	Norwich	Co Norwich	4
2:32.50	332	F	13/05/12	West Suffolk Open Meet	Bury St Edmunds	Co Norwich	3
2:33.84	323	H	08/03/14	Norfolk County Champs & AG Comp	Thetford	Co Norwich	2
2:34.48	319	F	28/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Co Norwich	2
2:35.16	315	H	10/03/12	Norfolk County Championships	Thetford	Co Norwich	2
2:41.61	279	H	10/07/11	City of Norwich Midsummer Madness	Norwich	Co Norwich	3
2:42.18	276	F	08/05/11	West Suffolk Open Meet	Bury St Edmunds	Co Norwich	2
2:44.93	262		24/04/11	Newmarket 3rd Annual Open Meet	Newmarket	Co Norwich	3
2:45.31	260		05/12/10	Leicester Distance Meet	Braunstone	Co Norwich	2
2:47.07	252	F	21/11/10	Milton Keynes November Meet	Bletchley	Co Norwich	2
2:47.86	249	H	28/10/10	City of Norwich Club Champs	Norwich	Co Norwich	4
2:48.27	247	H	12/03/11	Norfolk County Championships	Thetford	Co Norwich	2
2:51.78	232	H	15/01/11	City of Cambridge Winter Open Meet	Cambridge	Co Norwich	2
2:59.62	203		08/05/10	West Suffolk Open Meet	Bury St Edmunds	Co Norwich	3
3:02.90	192	H	13/03/10	Norfolk County Champs	Thetford	Co Norwich	2
3:21.36	144	H	29/10/09	City of Norwich Champs	Norwich	Co Norwich	4

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