

Individual Best Times (All Time)

Lewis Smith - (746909) - City of Norwich SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:04.32	424	H	06/12/14	ASA East Region Winter Championships	Luton		2
1:05.12	408	F	01/11/14	City of Norwich Big Bang Meet	Norwich	Co Norwich	2
1:06.39	385	F	25/09/14	City of Norwich SC Club Championships	Norwich	Co Norwich	4
1:06.67	380	H	01/03/15	Norfolk County Championships	Thetford		2
1:06.87	377	F	19/01/14	Hoddesdon SC County Qualifier Open Meet	Borehamwood	Co Norwich	3
1:07.13	373	H	03/03/13	Norfolk County Championships	Thetford	Co Norwich	2
1:08.20	355	H	02/03/14	Norfolk County Champs & AG Comp	Thetford	Co Norwich	2
1:08.24	355	F	03/03/13	Norfolk County Championships	Thetford	Co Norwich	2
1:08.57	350	F	17/11/12	City of Milton Keynes 502400s Open Meet	Milton Keynes	Co Norwich	2
1:08.83	346	F	23/09/15	UEA City of Norwich Club Championships 2015	Norwich	Co Norwich	4
1:09.31	339	F	06/07/13	Norwich Mid-Summer Madness Open Meet	Norwich	Co Norwich	3
1:09.32	338	F	03/11/12	UEA Norwich Big Bang L2 Meet	Norwich	Co Norwich	2
1:09.64	334	F	07/07/12	City of Norwich Mid Summer Madness	Norwich	Co Norwich	3
1:09.66	333	F	29/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Co Norwich	2
1:10.35	324	F	27/09/12	UEA City of Norwich SC Club Championship	Norwich	Co Norwich	4
1:13.01	290	H	04/03/12	Norfolk County Championships	Thetford	Co Norwich	2
1:13.64	282	H	09/07/11	City of Norwich Midsummer Madness	Norwich	Co Norwich	3
1:14.99	267	F	04/03/12	Norfolk County Championships	Thetford	Co Norwich	2
1:16.78	249	F	07/05/11	West Suffolk Open Meet	Bury St Edmunds	Co Norwich	2
1:18.39	234	H	06/03/11	Norfolk County Championships	Thetford	Co Norwich	2
1:18.54	233		23/04/11	Newmarket 3rd Annual Open Meet	Newmarket	Co Norwich	3
1:19.09	228	H	15/01/11	City of Cambridge Winter Open Meet	Cambridge	Co Norwich	2
1:20.65	215	H	30/09/10	City of Norwich Club Champs	Norwich	Co Norwich	4
1:23.12	196	F	20/11/10	Milton Keynes November Meet	Bletchley	Co Norwich	2
1:23.64	192		08/05/10	West Suffolk Open Meet	Bury St Edmunds	Co Norwich	3
1:40.66	110	H	01/10/09	City of Norwich Champs	Norwich	Co Norwich	4

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