

# Individual Best Times (All Time)

Lewis Smith - (746909) - City of Norwich SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.24	432	H	07/12/14	ASA East Region Winter Championships	Luton		2
29.48	421	F	20/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	Co Norwich	3
29.79	408	F	02/11/14	City of Norwich Big Bang Meet	Norwich	Co Norwich	2
29.90	404	F	20/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	Co Norwich	3
30.55	379	H	28/02/15	Norfolk County Championships	Thetford		2
30.91	365	F	23/09/15	UEA City of Norwich Club Championships 2015	Norwich	Co Norwich	4
30.92	365	F	25/09/14	City of Norwich SC Club Championships	Norwich	Co Norwich	4
30.95	364	F	04/11/12	UEA Norwich Big Bang L2 Meet	Norwich	Co Norwich	2
30.96	364	H	02/03/13	Norfolk County Championships	Thetford	Co Norwich	2
31.09	359	H	08/11/15	ASA East Region Winter Championships 2015	Luton		2
31.11	358	F	19/01/14	Hoddesdon SC County Qualifier Open Meet	Borehamwood	Co Norwich	3
31.21	355	F	02/03/13	Norfolk County Championships	Thetford	Co Norwich	2
31.44	347	H	01/03/14	Norfolk County Champs & AG Comp	Thetford	Co Norwich	2
31.65	340	H	02/12/12	ASA East Region Winter Championships	Cambridge	Co Norwich	2
31.82	335	F	27/09/12	UEA City of Norwich SC Club Championship	Norwich	Co Norwich	4
32.66	310	F	07/07/12	City of Norwich Mid Summer Madness	Norwich	Co Norwich	3
32.71	308	H	03/03/12	Norfolk County Championships	Thetford	Co Norwich	2
32.80	306	F	03/03/12	Norfolk County Championships	Thetford	Co Norwich	2
35.70	237	H	12/03/11	Norfolk County Championships	Thetford	Co Norwich	2
36.60	220	F	21/11/10	Milton Keynes November Meet	Bletchley	Co Norwich	2
38.68	186		08/05/10	West Suffolk Open Meet	Bury St Edmunds	Co Norwich	3
38.93	183	H	30/09/10	City of Norwich Club Champs	Norwich	Co Norwich	4
39.86	170	H	13/03/10	Norfolk County Champs	Thetford	Co Norwich	2
45.74	112		09/05/09	West Suffolk Open Meet	Bury St Edmunds	Co Norwich	2
46.98	104	H	01/10/09	City of Norwich Champs	Norwich	Co Norwich	4

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