## Individual Best Times (All Time)

Rachel Taylor - (746799) - Newcastle SwimTeam - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

WA Pts 522	Round	Date	Meet	Venue	Club Swam Under	Level
522					Club Swall Older	Level
	Н	13/04/14	South Tyneside Spring Meet	South Shields	South Tyne	3
514	Н	21/04/13	South Tyneside SC April Spring Meet	Hebburn	South Tyne	3
510	F	20/10/13	Tynemouth ASC Autumn Gala	Tynemouth	South Tyne	3
486	Н	30/11/13	ASA North East Region Senior & Junior Meet	Sunderland	South Tyne	2
477	Н	08/09/13	South Tyneside ASC Autumn Meet	Hebburn	South Tyne	3
385	F	15/10/11	Tynemouth Autumn Gala	Tynemouth	South Tyne	3
375	Н	18/09/11	South Tyneside September Meet	Hebburn	South Tyne	4
342	Н	10/04/11	South Tyneside Spring Graded Meet	Hebburn	South Tyne	4
340	Н	06/11/10	BG North East SC Champs	Sunderland	South Tyne	2
325	Н	22/01/11	Newburn New Year Graded Meet	Stanley	South Tyne	3
309	Н	18/04/10	South Tyneside Graded	Hebburn	South Tyne	3
	510 486 477 385 375 342 340 325	510 F   486 H   477 H   385 F   375 H   342 H   340 H   325 H	510   F   20/10/13     486   H   30/11/13     477   H   08/09/13     385   F   15/10/11     375   H   18/09/11     342   H   10/04/11     340   H   06/11/10     325   H   22/01/11	510F20/10/13Tynemouth ASC Autumn Gala486H30/11/13ASA North East Region Senior & Junior Meet477H08/09/13South Tyneside ASC Autumn Meet385F15/10/11Tynemouth Autumn Gala375H18/09/11South Tyneside September Meet342H10/04/11South Tyneside Spring Graded Meet340H06/11/10BG North East SC Champs325H22/01/11Newburn New Year Graded Meet	510F20/10/13Tynemouth ASC Autumn GalaTynemouth486H30/11/13ASA North East Region Senior & Junior MeetSunderland477H08/09/13South Tyneside ASC Autumn MeetHebburn385F15/10/11Tynemouth Autumn GalaTynemouth375H18/09/11South Tyneside September MeetHebburn342H10/04/11South Tyneside Spring Graded MeetHebburn340H06/11/10BG North East SC ChampsSunderland325H22/01/11Newburn New Year Graded MeetStanley	510F20/10/13Tynemouth ASC Autumn GalaTynemouthSouth Tyne486H30/11/13ASA North East Region Senior & Junior MeetSunderlandSouth Tyne477H08/09/13South Tyneside ASC Autumn MeetHebburnSouth Tyne385F15/10/11Tynemouth Autumn GalaTynemouthSouth Tyne375H18/09/11South Tyneside September MeetHebburnSouth Tyne342H10/04/11South Tyneside Spring Graded MeetHebburnSouth Tyne340H06/11/10BG North East SC ChampsSunderlandSouth Tyne325H22/01/11Newburn New Year Graded MeetStanleySouth Tyne

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:47.16	522	Н	13/04/14	South Tyneside Spring Meet	South Shields	South Tyne	3
4:54.17	486	Н	30/11/13	ASA North East Region Senior & Junior Meet	Sunderland	South Tyne	2
4:49.47	510	F	20/10/13	Tynemouth ASC Autumn Gala	Tynemouth	South Tyne	3
4:55.86	477	Н	08/09/13	South Tyneside ASC Autumn Meet	Hebburn	South Tyne	3
4:48.67	514	Н	21/04/13	South Tyneside SC April Spring Meet	Hebburn	South Tyne	3
5:17.90	385	F	15/10/11	Tynemouth Autumn Gala	Tynemouth	South Tyne	3
5:20.69	375	Н	18/09/11	South Tyneside September Meet	Hebburn	South Tyne	4
5:30.72	342	Н	10/04/11	South Tyneside Spring Graded Meet	Hebburn	South Tyne	4
5:36.37	325	Н	22/01/11	Newburn New Year Graded Meet	Stanley	South Tyne	3
5:31.34	340	Н	06/11/10	BG North East SC Champs	Sunderland	South Tyne	2
5:42.06	309	Н	18/04/10	South Tyneside Graded	Hebburn	South Tyne	3