

Individual Best Times (All Time)

Dominic Roshier - (746370) - Deben SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.27	293	H	22/06/19	Suffolk County Summer League Grand Final	Ipswich		3
33.56	285	H	02/02/20	Suffolk ASA County Championships 2020	Ipswich	Deben	2
33.56	285	H	02/02/20	Suffolk ASA County Championships 2019	Ipswich	Deben	2
34.41	265	F	23/03/19	Teamipswich March Open 2019	Ipswich	Deben	3
34.69	258	H	10/02/19	Suffolk County Championships 2019	Ipswich	Deben	2
35.02	251	F	15/12/18	STOWMARKET NO FRILLS OPEN MEET	STOWMARKET	Felixstowe	3
36.04	230	F	08/07/18	Teamipswich July Surprize Meet 2018	Ipswich	Felixstowe	3
36.59	220	H	16/06/18	Suffolk County Development Meet	Ipswich	Felixstowe	3
36.59	220	H	01/09/18	Halstead Season Sprint Starter	Braintree	Felixstowe	3
38.28	192	F	16/12/17	Stowmarket No Frills Open meet	Stowmarket	Felixstowe	3
38.66	187	H	03/09/17	Thetford Dolphins Nifty 50's	Thetford	teamipswich	3
39.78	171	F	17/06/17	Suffolk County Development Meet	Ipswich	teamipswich	3
40.27	165	F	22/04/17	Mini Novice Inter-Club Invitational Meet 2017	Ipswich	teamipswich	4
42.90	136	F	17/12/16	Stowmarket No Frills Open Meet	Stowmarket	teamipswich	3
43.76	128	F	20/03/16	Teamipswich March Open 2016	Ipswich	teamipswich	3
44.05	126	F	11/06/16	Teamipswich Mini Novice Inter-Club Invitational	Ipswich	teamipswich	4
50.38	84	F	18/04/15	Newmarket & District Seventh Open Meet	Newmarket	teamipswich	3
51.87	77	F	22/11/15	Teamipswich November Open 2015	Ipswich	teamipswich	3
52.36	75		27/06/15	Suffolk County ASA Development Championships	Newmarket	teamipswich	3
56.53	59	F	23/11/14	Teamipswich Club Championships	Ipswich	teamipswich	4
58.80	53	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich	teamipswich	3

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