## **Individual Best Times (All Time)**

Hannah Mcnaul - (742711) - West Suffolk Swimming Club - 400 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:52.22	495	Н	22/11/15	Golden Eagle Meet 2015	Bletchley	West Suffolk	2
4:53.36	490	F	21/11/14	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
4:55.18	481		08/01/17	Sudbury January Last Chance Time Trial	Sudbury	West Suffolk	3
4:56.85	473		11/05/14	Sudbury & District May Last Chance Meet	Sudbury	West Suffolk	3
4:58.32	466	F	28/02/16	Suffolk County Championships 2016	lpswich	West Suffolk	2
4:59.91	458		29/09/13	Sudbury & District SC Michaelmas Two Day Meet	Sudbury	West Suffolk	3
5:01.78	450	F	23/03/14	Suffolk County Championships	Ipswich	West Suffolk	2
5:05.23	435	F	09/05/14	The Neate Meet	Bury St Edmunds	West Suffolk	3
5:09.90	415	F	14/03/13	Suffolk County Championships	Ipswich	West Suffolk	2
5:22.52	368		12/01/13	Sudbury & District Last Chance Open Meet	Sudbury	West Suffolk	3
5:23.35	366	F	07/10/12	West Suffolk SC 2012 Club Championships	Bury St Edmunds	West Suffolk	4
5:29.27	346		29/09/12	Sudbury Michaelmas Olympic Special	Sudbury	West Suffolk	3
5:55.00	276		21/01/12	Sudbury & District Last Chance Open Meet	Sudbury	West Suffolk	4
6:17.84	229		14/05/11	Sudbury & District Two Day Meet	Sudbury	West Suffolk	4

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5:09.90 Copyright 2024	415 <b>1</b>	F	14/03/13	Suffolk County Championships	Ipswich	West Suffolk Powered By SPORT	2 TSYSTEMS

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