

# Individual Best Times (All Time)

Hannah Mcnaul - (742711) - West Suffolk Swimming Club - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue           | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------------|-----------------|-------|
| 2:18.01 | 510    | F     | 22/11/14 | West Suffolk Club Championships               | Bury St Edmunds | West Suffolk    | 4     |
| 2:18.56 | 504    | F     | 14/02/16 | Suffolk County Championships 2016             | Ipswich         | West Suffolk    | 2     |
| 2:19.31 | 496    |       | 11/01/15 | Sudbury January Last Chance Time Trials       | Sudbury         | West Suffolk    | 3     |
| 2:20.67 | 482    | H     | 03/10/15 | Cambridge L2 Regional & National SC Qualifier | Cambridge       | West Suffolk    | 2     |
| 2:21.61 | 472    | F     | 09/03/14 | Suffolk County ASA County Championships       | Ipswich         | West Suffolk    | 2     |
| 2:22.88 | 460    |       | 11/05/14 | Sudbury & District May Last Chance Meet       | Sudbury         | West Suffolk    | 3     |
| 2:26.51 | 426    |       | 07/04/13 | Sudbury & District Spring Meet                | Sudbury         | West Suffolk    | 3     |
| 2:28.54 | 409    | H     | 14/04/13 | Halstead 4th SC Open Meet                     | Braintree       | West Suffolk    | 3     |
| 2:29.48 | 401    |       | 13/01/13 | Sudbury & District Last Chance Open Meet      | Sudbury         | West Suffolk    | 3     |
| 2:31.26 | 387    | F     | 11/03/13 | Suffolk County Championships                  | Ipswich         | West Suffolk    | 2     |
| 2:36.63 | 349    | F     | 17/11/12 | Deben Open Meet 2012                          | Deben           | West Suffolk    | 3     |
| 2:37.25 | 345    | H     | 23/06/12 | Suffolk County Development Meet               | Newmarket       | West Suffolk    | 3     |
| 2:52.48 | 261    |       | 17/12/11 | Stowmarket No Frills Open Meet                | Stowmarket      | West Suffolk    | 4     |
| 2:56.16 | 245    |       | 22/01/12 | Sudbury & District Last Chance Open Meet      | Sudbury         | West Suffolk    | 4     |
| 2:58.89 | 234    | H     | 09/01/11 | teampswich 12th Licensed Open Meet            | Ipswich         | West Suffolk    | 3     |
| 2:59.32 | 232    |       | 13/03/11 | Suffolk County Championships                  | Ipswich         | West Suffolk    | 2     |
| 3:12.25 | 188    |       | 27/06/10 | Sudbury & District Open                       | Sudbury         | West Suffolk    | 4     |
| 3:21.76 | 163    | H     | 19/09/10 | teampswich Novice Opener                      | Ipswich         | West Suffolk    | 4     |
| 3:23.47 | 159    |       | 24/04/10 | Newmarket 2nd Open Meet                       | Newmarket       | West Suffolk    | 3     |
| 3:29.15 | 146    |       | 13/03/10 | Suffolk County Champs                         | Ipswich         | West Suffolk    | 2     |
| 3:30.97 | 142    |       | 21/11/09 | Deben Open Meet                               | Deben           | West Suffolk    | 4     |
| 3:40.46 | 125    | H     | 13/09/09 | teampswich Novice Opener                      | Ipswich         | West Suffolk    | 4     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                              | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|-----------------------------------|---------|-----------------|-------|
| 2:18.56 | 504    | F     | 14/02/16 | Suffolk County Championships 2016 | Ipswich | West Suffolk    | 2     |

|         |     |   |          |   |                 |              |   |
|---------|-----|---|----------|---|-----------------|--------------|---|
| 2:20.67 | 482 | H | 03/10/15 | Cambridge L2 Regional & National SC Qualifier | Cambridge       | West Suffolk | 2 |
| 2:19.31 | 496 |   | 11/01/15 | Sudbury January Last Chance Time Trials       | Sudbury         | West Suffolk | 3 |
| 2:18.01 | 510 | F | 22/11/14 | West Suffolk Club Championships               | Bury St Edmunds | West Suffolk | 4 |
| 2:22.88 | 460 |   | 11/05/14 | Sudbury & District May Last Chance Meet       | Sudbury         | West Suffolk | 3 |
| 2:21.61 | 472 | F | 09/03/14 | Suffolk County ASA County Championships       | Ipswich         | West Suffolk | 2 |
| 2:28.54 | 409 | H | 14/04/13 | Halstead 4th SC Open Meet                     | Braintree       | West Suffolk | 3 |
| 2:26.51 | 426 |   | 07/04/13 | Sudbury & District Spring Meet                | Sudbury         | West Suffolk | 3 |
| 2:31.26 | 387 | F | 11/03/13 | Suffolk County Championships                  | Ipswich         | West Suffolk | 2 |
| 2:29.48 | 401 |   | 13/01/13 | Sudbury & District Last Chance Open Meet      | Sudbury         | West Suffolk | 3 |
| 2:36.63 | 349 | F | 17/11/12 | Deben Open Meet 2012                          | Deben           | West Suffolk | 3 |
| 2:37.25 | 345 | H | 23/06/12 | Suffolk County Development Meet               | Newmarket       | West Suffolk | 3 |
| 2:56.16 | 245 |   | 22/01/12 | Sudbury & District Last Chance Open Meet      | Sudbury         | West Suffolk | 4 |
| 2:52.48 | 261 |   | 17/12/11 | Stowmarket No Frills Open Meet                | Stowmarket      | West Suffolk | 4 |
| 2:59.32 | 232 |   | 13/03/11 | Suffolk County Championships                  | Ipswich         | West Suffolk | 2 |
| 2:58.89 | 234 | H | 09/01/11 | teamipswich 12th Licensed Open Meet           | Ipswich         | West Suffolk | 3 |
| 3:21.76 | 163 | H | 19/09/10 | teamipswich Novice Opener                     | Ipswich         | West Suffolk | 4 |
| 3:12.25 | 188 |   | 27/06/10 | Sudbury & District Open                       | Sudbury         | West Suffolk | 4 |
| 3:23.47 | 159 |   | 24/04/10 | Newmarket 2nd Open Meet                       | Newmarket       | West Suffolk | 3 |
| 3:29.15 | 146 |   | 13/03/10 | Suffolk County Champs                         | Ipswich         | West Suffolk | 2 |
| 3:30.97 | 142 |   | 21/11/09 | Deben Open Meet                               | Deben           | West Suffolk | 4 |
| 3:40.46 | 125 | H | 13/09/09 | teamipswich Novice Opener                     | Ipswich         | West Suffolk | 4 |