

Individual Best Times (All Time)

Hannah Mcnaul - (742711) - West Suffolk Swimming Club - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:30.27	533	H	26/03/17	Thirty Fourth City of Derby Short Course Open Meet	Derby	West Suffolk	3
2:33.51	500	F	12/02/17	Suffolk County ASA Championships 2017	Ipswich	West Suffolk	2
2:33.54	499	H	08/11/15	ASA East Region Winter Championships 2015	Luton	West Suffolk	2
2:33.62	499	F	21/02/16	Suffolk County Championships 2016	Ipswich	West Suffolk	2
2:34.07	494	F	16/03/14	Suffolk County Championships	Ipswich	West Suffolk	2
2:35.40	482		10/05/14	Sudbury & District May Last Chance Meet	Sudbury	West Suffolk	3
2:35.55	480	H	04/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge	West Suffolk	2
2:37.17	466	H	06/11/16	East Swimming 2016 SC Championships	Luton	West Suffolk	2
2:38.93	450		28/09/13	Sudbury & District SC Michaelmas Two Day Meet	Sudbury	West Suffolk	3
2:42.27	423		06/04/13	Sudbury & District Spring Meet	Sudbury	West Suffolk	3
2:45.87	396	F	17/03/13	Suffolk County Championships	Ipswich	West Suffolk	2
2:49.47	371		13/01/13	Sudbury & District Last Chance Open Meet	Sudbury	West Suffolk	3
2:51.64	357	F	17/11/12	Deben Open Meet 2012	Deben	West Suffolk	3
2:56.21	330	F	09/10/12	West Suffolk SC 2012 Club Championships	Bury St Edmunds	West Suffolk	4
2:58.70	317		25/07/12	Sudbury & District Club Championships	Sudbury	West Suffolk	4
2:58.84	316	H	18/03/12	Suffolk County Championships	Newmarket	West Suffolk	2
3:11.62	257		21/01/12	Sudbury & District Last Chance Open Meet	Sudbury	West Suffolk	4
3:14.13	247	F	07/05/11	West Suffolk Open Meet	Bury St Edmunds	West Suffolk	2
3:15.05	243		17/12/11	Stowmarket No Frills Open Meet	Stowmarket	West Suffolk	4
3:16.46	238		14/05/11	Sudbury & District Two Day Meet	Sudbury	West Suffolk	4
3:20.33	225		06/03/11	Suffolk County Championships	Ipswich	West Suffolk	2
3:23.56	214		22/01/11	Sudbury & District Last Chance Meet	Sudbury	West Suffolk	4
3:34.79	182		26/06/10	Sudbury & District Open	Sudbury	West Suffolk	4
3:40.66	168		05/09/10	Sudbury & Dist Club Chmps	Sudbury	West Suffolk	4
3:43.18	162		25/04/10	Newmarket 2nd Open Meet	Newmarket	West Suffolk	3
3:52.80	143		10/01/10	Sudbury & Dist Last Chance	Sudbury	West Suffolk	4

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