

# Individual Best Times (All Time)

Cara Hetherington - (742636) - Team Ipswich Swimming - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
59.31	608	H	06/12/14	ASA East Region Winter Championships	Luton		2
1:00.05	585	F	02/11/14	Teamipswich Open Meet	Ipswich	teamipswich	3
1:00.17	582	F	13/12/14	NASL London Rounds Premier Division	Basildon	teamipswich	2
1:00.55	571	F	16/03/14	Suffolk County Championships	Ipswich	teamipswich	2
1:00.60	570	H	15/03/15	Suffolk County Championships	Ipswich	teamipswich	2
1:00.68	567	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich	teamipswich	3
1:00.76	565	F	13/01/13	Teamipswich SC January Open Meet	Ipswich	teamipswich	3
1:00.81	564	H	28/10/12	Teamipswich 14th Open Meet	Ipswich	teamipswich	2
1:00.81	564	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	teamipswich	3
1:00.91	561	H	21/10/12	BG ASA National County Team Division 2	Sheffield	teamipswich	2
1:00.93	560	F	17/11/12	Teamipswich Club Championships	Ipswich	teamipswich	4
1:00.98	559	F	26/09/15	Teamipswich Club Championships 2015	Ipswich	teamipswich	4
1:01.18	554	F	15/03/15	Suffolk County Championships	Ipswich	teamipswich	2
1:01.22	553	F	23/11/13	Teamipswich Club Championships	Ipswich	teamipswich	4
1:01.38	548	F	18/03/12	Suffolk County Championships	Newmarket	teamipswich	2
1:01.43	547	F	17/03/13	Suffolk County Championships	Ipswich	teamipswich	2
1:01.50	545	H	18/03/12	Suffolk County Championships	Newmarket	teamipswich	2
1:02.13	529	F	16/03/14	Suffolk County Championships	Ipswich	teamipswich	2
1:02.14	528	F	13/07/14	Teamipswich SC July Surprize Open	Ipswich	teamipswich	3
1:02.47	520	F	22/11/14	Teamipswich Club Championships	Ipswich	teamipswich	4
1:02.48	520	F	17/03/13	Suffolk County Championships	Ipswich	teamipswich	2
1:03.69	491	H	15/01/12	teamipswich Swimming New Year Opener	Ipswich	teamipswich	4
1:04.33	476		26/11/11	Teamipswich Club Championships	Ipswich	teamipswich	4
1:05.52	451		13/03/11	Suffolk County Championships	Ipswich	teamipswich	2
1:06.34	434		13/03/11	Suffolk County Championships	Ipswich	teamipswich	2
1:07.83	406	H	08/01/11	teamipswich 12th Licensed Open Meet	Ipswich	teamipswich	3
1:12.58	322		11/04/10	City of Peterborough Meet	Peterborough	teamipswich	2

1:12.50	332		11/04/10	City of Peterborough meet	Peterborough	teamipswich	
1:14.10	311		14/03/10	Suffolk County Champs	Ipswich	teamipswich	2
1:24.36	211	H	12/07/09	teamipswich Summer Sprints	Ipswich	teamipswich	3

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