

# Individual Best Times (All Time)

Cara Hetherington - (742636) - Team Ipswich Swimming - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:22.30	583	H	23/10/11	teamipswich 13th Open Meet	Ipswich	teamipswich	2
2:22.82	577	H	17/03/12	Suffolk County Championships	Newmarket	teamipswich	2
2:23.26	572	F	13/01/13	Teamipswich SC January Open Meet	Ipswich	teamipswich	3
2:24.05	562	F	11/03/13	Suffolk County Championships	Ipswich	teamipswich	2
2:26.64	533	F	02/11/14	Teamipswich Open Meet	Ipswich	teamipswich	3
2:33.24	467		06/03/11	Suffolk County Championships	Ipswich	teamipswich	2
2:37.25	432	H	08/01/11	teamipswich 12th Licensed Open Meet	Ipswich	teamipswich	3
2:40.71	405	H	24/10/10	teamipswich 25th Open Meet	Ipswich	teamipswich	2
2:45.80	369		13/03/10	Suffolk County Champs	Ipswich	teamipswich	2
2:56.39	306	H	23/01/10	teamipswich 11th Open Meet	Ipswich	teamipswich	2
3:08.77	250		27/06/09	Sudbury Mid Summer Meet	Sudbury	teamipswich	4
3:15.00	226		25/04/09	Newmarket & District Open	Newmarket	teamipswich	2
3:15.02	226		14/03/09	Suffolk County Champs	Ipswich	teamipswich	2
3:27.41	188		10/01/09	Sudbury & Dist Last Chance	Sudbury	teamipswich	4

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