

Individual Best Times (All Time)

Ben Ashton-Rigby - (742536) - Millfield - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:29.43	394	F	04/10/15	Somerset ASA Annual County Development Meet	Millfield	Millfield	3
2:30.85	383	F	29/10/16	Millfield & Taunton Super Series	Millfield	Millfield	2
2:31.00	382	F	19/12/15	Yeovil Christmas 2015 Open Meet	Millfield	Millfield	3
2:31.18	381	H	29/01/16	Somerset ASA County Championships	Millfield	Millfield	2
2:32.46	371	F	22/03/15	Somerset ASA Championships	Millfield	Millfield	2
2:36.09	346	F	15/11/14	Millfield & Taunton Super Series	Millfield	Millfield	2
2:47.04	282		04/01/14	Basingstoke Bluefins Age Group Graded	Basingstoke	Millfield	3
2:50.05	267	F	10/03/13	Somerset County Championships	Millfield	Millfield	2
2:50.41	266	F	06/10/13	Somerset ASA Champs Development Meet	Millfield	Millfield	3
2:51.54	261	F	07/10/12	Somerset ASA Annual Development Meet	Millfield	Millfield	3
2:54.60	247	F	13/07/13	Wirral Metro L3 Meet	Birkenhead	Millfield	3
2:54.61	247	H	27/10/12	Flitwick Dolphins Open Meet	Flitwick	Millfield	3
2:59.10	229	F	15/12/12	Yeovil & District 2012 Christmas Open Meet	Millfield	Millfield	3
3:00.35	224	H	25/02/12	Bedfordshire County Championships	Biggleswade	Millfield	2
3:02.48	216	F	22/01/12	Biggleswade Open Meet	Biggleswade	Millfield	3
3:05.53	206	H	05/03/11	Bedfordshire County Championships	Biggleswade	Millfield	2
3:06.17	204		23/01/11	Biggleswade 12th Open Meet	Biggleswade	Millfield	3
3:06.67	202	H	17/04/11	Team Luton Open Meet	London	Millfield	2
3:10.34	191	F	08/05/11	West Suffolk Open Meet	Bury St Edmunds	Millfield	2
3:10.82	189	H	26/11/11	Flitwick Dolphins Club Championships	Biggleswade	Millfield	4
3:11.24	188		24/04/11	City of Birmingham 18th Easter Level 2 Mee	Birmingham	Millfield	2
3:11.98	186	H	16/10/10	Flitwick Dolphins Open Meet	Biggleswade	Millfield	3
3:15.76	175	H	27/11/10	Flitwick Dolphins Club Championships	Various	Millfield	4
3:18.20	169		08/05/10	West Suffolk Open Meet	Bury St Edmunds	Millfield	3
3:29.03	144	H	06/03/10	Bedfordshire Champs	Biggleswade	Millfield	2
3:31.25	139		24/01/10	Biggleswade 11th Open	Biggleswade	Millfield	3

Swims in Date Order

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