

Individual Best Times (All Time)

Richard Sugden - (741786) - Woking SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|---------------|-----------------|-------|
| 31.63 | 341 | F | 27/09/15 | Woking SC Club Championships 2015 | Woking | Woking | 4 |
| 32.71 | 308 | F | 21/09/14 | Woking Club Championships | Woking | Woking | 4 |
| 33.01 | 300 | F | 18/09/16 | Woking Club Championships | Woking | Woking | 4 |
| 33.06 | 299 | F | 12/07/14 | Staines SC Black Swan Summer Meet | Staines | Woking | 3 |
| 33.30 | 292 | F | 29/09/13 | Woking SC Club Championships | Woking | Woking | 4 |
| 33.42 | 289 | F | 19/01/14 | Staines Black Swan County Qualifier 2014 | Elmbridge | Woking | 3 |
| 33.54 | 286 | F | 01/10/17 | Woking Club Championships | Woking | Woking | 4 |
| 33.83 | 279 | H | 06/07/13 | The Bracknell Level 3 Open Meet 2013 | Bracknell | Woking | 3 |
| 34.92 | 253 | F | 19/05/13 | Woking SC B C Grade Octopus Open Meet | Woking | Woking | 3 |
| 37.67 | 202 | F | 25/11/12 | Woking SC Club Championships | Woking | Woking | 4 |
| 38.30 | 192 | H | 01/12/12 | Bracknell & Wokingham Winter L3 Meet | Bracknell | Woking | 3 |
| 38.73 | 186 | F | 13/01/13 | Staines SC Black Swan County Qualifier | Staines | Woking | 3 |
| 40.54 | 162 | F | 01/07/12 | Godalming ASC 12th Summer B Grade Meet | Cranleigh | Woking | 4 |
| 45.00 | 118 | H | 03/04/11 | Cranleigh ASC B Grade Open Meet | Cranleigh | Woking | 4 |
| 47.70 | 99 | F | 08/05/11 | Haslemere Junior B Grade Meet | Haslemere | Woking | 3 |
| 48.80 | 93 | F | 27/11/11 | Woking Club Championships | Woking | Woking | 4 |
| 48.81 | 92 | | 20/11/10 | Wey Valley Club Champs | Godalming | Woking | 4 |
| 50.13 | 85 | | 26/06/11 | Wey Valley Club Championships | Godalming | Woking | 4 |
| 52.39 | 75 | H | 07/02/10 | Cranleigh B Grade Meet | Cranleigh | Woking | 4 |
| 54.17 | 67 | | 27/06/10 | Wey Valley Club Champs | Godalming | Woking | 4 |
| 56.32 | 60 | H | 25/04/10 | Havant & Waterlooville | Waterlooville | Woking | 3 |
| 57.16 | 57 | F | 03/07/10 | Godalming 10th B Meet | Godalming | Woking | 4 |
| 58.95 | 52 | | 21/11/09 | Wey Valley Club Champs | Godalming | Woking | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|------|--------|-------|------|------|-------|-----------------|-------|
|------|--------|-------|------|------|-------|-----------------|-------|

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|-------|-----|---|----------|--|---------------|--------|---|
| 33.54 | 286 | F | 01/10/17 | Woking Club Championships | Woking | Woking | 4 |
| 33.01 | 300 | F | 18/09/16 | Woking Club Championships | Woking | Woking | 4 |
| 31.63 | 341 | F | 27/09/15 | Woking SC Club Championships 2015 | Woking | Woking | 4 |
| 32.71 | 308 | F | 21/09/14 | Woking Club Championships | Woking | Woking | 4 |
| 33.06 | 299 | F | 12/07/14 | Staines SC Black Swan Summer Meet | Staines | Woking | 3 |
| 33.42 | 289 | F | 19/01/14 | Staines Black Swan County Qualifier 2014 | Elmbridge | Woking | 3 |
| 33.30 | 292 | F | 29/09/13 | Woking SC Club Championships | Woking | Woking | 4 |
| 33.83 | 279 | H | 06/07/13 | The Bracknell Level 3 Open Meet 2013 | Bracknell | Woking | 3 |
| 34.92 | 253 | F | 19/05/13 | Woking SC B C Grade Octopus Open Meet | Woking | Woking | 3 |
| 38.73 | 186 | F | 13/01/13 | Staines SC Black Swan County Qualifier | Staines | Woking | 3 |
| 38.30 | 192 | H | 01/12/12 | Bracknell & Wokingham Winter L3 Meet | Bracknell | Woking | 3 |
| 37.67 | 202 | F | 25/11/12 | Woking SC Club Championships | Woking | Woking | 4 |
| 40.54 | 162 | F | 01/07/12 | Godalming ASC 12th Summer B Grade Meet | Cranleigh | Woking | 4 |
| 48.80 | 93 | F | 27/11/11 | Woking Club Championships | Woking | Woking | 4 |
| 50.13 | 85 | | 26/06/11 | Wey Valley Club Championships | Godalming | Woking | 4 |
| 47.70 | 99 | F | 08/05/11 | Haslemere Junior B Grade Meet | Haslemere | Woking | 3 |
| 45.00 | 118 | H | 03/04/11 | Cranleigh ASC B Grade Open Meet | Cranleigh | Woking | 4 |
| 48.81 | 92 | | 20/11/10 | Wey Valley Club Champs | Godalming | Woking | 4 |
| 57.16 | 57 | F | 03/07/10 | Godalming 10th B Meet | Godalming | Woking | 4 |
| 54.17 | 67 | | 27/06/10 | Wey Valley Club Champs | Godalming | Woking | 4 |
| 56.32 | 60 | H | 25/04/10 | Havant & Waterlooville | Waterlooville | Woking | 3 |
| 52.39 | 75 | H | 07/02/10 | Cranleigh B Grade Meet | Cranleigh | Woking | 4 |
| 58.95 | 52 | | 21/11/09 | Wey Valley Club Champs | Godalming | Woking | 4 |