

# Individual Best Times (All Time)

Catherine Naus - (741574) - Swindon Dolphin ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:45.84	529	F	25/11/17	Swim Bournemouth Short Course L2 Meet	Bournemouth	Swindon Dolp	2
4:46.07	528	H	05/03/17	Swindon Dolphins Regional Qualifier 2017	Swindon	Swindon Dolp	3
4:47.13	522	H	28/10/17	Swindon Dolphin Club Championships	Swindon	Swindon Dolp	4
4:47.39	521	H	04/02/17	Wiltshire Age Group Championships	Swindon	Swindon Dolp	2
4:48.70	514	H	24/09/17	Swindon Dolphin Autumn Open Meet 2017	Swindon	Swindon Dolp	3
4:49.54	509	F	18/10/15	GCSC Level 2 October Meet	Gloucester	Swindon Dolp	2
4:50.98	502	H	24/09/16	Swindon Dolphin Club Champs 2016	Swindon	Swindon Dolp	4
4:51.09	501	H	31/07/16	Swindon Dolphins End of Season Meet 2016	Swindon	Swindon Dolp	3
4:51.85	497	F	15/10/16	Swim Bournemouth Autumn L2 Open Meet	Bournemouth	Swindon Dolp	2
4:52.67	493	H	26/09/15	Swindon Dolphin Club Championships	Swindon	Swindon Dolp	4
4:53.54	489	H	01/03/15	Wiltshire Youth Championships	Swindon	Swindon Dolp	2
4:53.60	488	H	03/02/18	Wiltshire Age Group Championships 2018	Swindon	Swindon Dolp	3
4:53.88	487	H	17/01/16	Wiltshire Age Groups Championships	Swindon	Swindon Dolp	2
5:04.56	438	H	29/11/14	Swindon Dolphins Open Meet	Swindon	Swindon Dolp	3
5:05.43	434	F	21/12/14	Yeovil & District 2014 Christmas Open Meet	Millfield	Swindon Dolp	3
5:11.60	409	H	27/09/14	Swindon Dolphin ASC 2014 Club Championships	Swindon	Swindon Dolp	4
5:22.08	370	H	27/07/14	Swindon Dolphin End of Season Meet	Swindon	Swindon Dolp	3
5:40.76	312	H	26/01/14	Swindon Dolphin Last Chance Meet	Swindon	Swindon Dolp	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:53.60	488	H	03/02/18	Wiltshire Age Group Championships 2018	Swindon	Swindon Dolp	3
4:45.84	529	F	25/11/17	Swim Bournemouth Short Course L2 Meet	Bournemouth	Swindon Dolp	2
4:47.13	522	H	28/10/17	Swindon Dolphin Club Championships	Swindon	Swindon Dolp	4
4:48.70	514	H	24/09/17	Swindon Dolphin Autumn Open Meet 2017	Swindon	Swindon Dolp	3
4:46.07	528	H	05/03/17	Swindon Dolphins Regional Qualifier 2017	Swindon	Swindon Dolp	3

4:47.39	521	H	04/02/17	Wiltshire Age Group Championships	Swindon	Swindon Dolp	2
4:51.85	497	F	15/10/16	Swim Bournemouth Autumn L2 Open Meet	Bournemouth	Swindon Dolp	2
4:50.98	502	H	24/09/16	Swindon Dolphin Club Champs 2016	Swindon	Swindon Dolp	4
4:51.09	501	H	31/07/16	Swindon Dolphins End of Season Meet 2016	Swindon	Swindon Dolp	3
4:53.88	487	H	17/01/16	Wiltshire Age Groups Championships	Swindon	Swindon Dolp	2
4:49.54	509	F	18/10/15	GCSC Level 2 October Meet	Gloucester	Swindon Dolp	2
4:52.67	493	H	26/09/15	Swindon Dolphin Club Championships	Swindon	Swindon Dolp	4
4:53.54	489	H	01/03/15	Wiltshire Youth Championships	Swindon	Swindon Dolp	2
5:05.43	434	F	21/12/14	Yeovil & District 2014 Christmas Open Meet	Millfield	Swindon Dolp	3
5:04.56	438	H	29/11/14	Swindon Dolphins Open Meet	Swindon	Swindon Dolp	3
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