## **Individual Best Times (All Time)**

Elizabeth Airey - (740397) - Cockermouth SC - 400 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:33.35	605	Н	22/11/15	Stockport Metro November Meet 2015	Stockport	Cockermouth	2
4:35.05	594	Н	07/03/15	2015 Cumbria Age Groups & County Championships	Kendal	Cockermouth	2
4:36.92	582	Н	08/11/15	ASA North West Region Winter Championships	Liverpool	Cockermouth	2
4:38.44	573	Н	06/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	Cockermouth	2
4:39.30	567	Н	25/01/15	2015 Cumbria Winter Meet	Workington	Cockermouth	3
4:43.68	542	F	30/09/15	Cockermouth Club Championships	Cockermouth	Cockermouth	4
4:44.51	537	Н	23/11/14	Liverpool & Dist Inter Association Gala	Huyton		2
4:46.86	524	Н	16/11/14	Stockport Metro November Open Meet	Stockport	Cockermouth	2
4:56.40	475	F	26/04/14	2014 Dumfries ASC Graded Meet	Dumfries	Cockermouth	2
4:59.55	460	Н	08/03/14	Cumbrian Age Groups and County Champs	Kendal	Cockermouth	2
5:10.11	414	Н	27/10/13	Chester Le Street Junior Meet 2013	Chester-le-Street	Cockermouth	3
5:11.32	410	Н	26/01/14	2014 Cumbria Winter Meet	Whitehaven	Cockermouth	3
5:13.34	402	Н	07/09/13	Workington 4th Presidents Open Meet	Workington	Cockermouth	3
5:26.97	353	Н	09/03/13	Cumbria Age Group & County Championships	Kendal	Cockermouth	2
5:27.05	353	Н	24/11/12	2012 Cumbria Autumn Graded Series	Kendal	Cockermouth	3
6:02.72	259	Н	18/03/12	Cumbria Age Groups & County Championships	Whitehaven	Cockermouth	2
6:10.15	244	Н	26/11/11	Cumbria Autumn Graded Series	Kendal	Cockermouth	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:38.44	573	Н	06/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	Cockermouth	2
4:33.35	605	Н	22/11/15	Stockport Metro November Meet 2015	Stockport	Cockermouth	2
4:36.92	582	Н	08/11/15	ASA North West Region Winter Championships	Liverpool	Cockermouth	2
4:43.68	542	F	30/09/15	Cockermouth Club Championships	Cockermouth	Cockermouth	4
4:35.05	594	Н	07/03/15	2015 Cumbria Age Groups & County Championships	Kendal	Cockermouth	2
4:39.30 Copyright 20:	567 24	Н	25/01/15	2015 Cumbria Winter Meet	Workington	Cockermouth Powered By SPORT	3 SYSTEM

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4:44.51	537	Н	23/11/14	Liverpool & Dist Inter Association Gala	Huyton		2
4:46.86	524	Н	16/11/14	Stockport Metro November Open Meet	Stockport	Cockermouth	2
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4:59.55	460	Н	08/03/14	Cumbrian Age Groups and County Champs	Kendal	Cockermouth	2
5:11.32	410	Н	26/01/14	2014 Cumbria Winter Meet	Whitehaven	Cockermouth	3
5:10.11	414	Н	27/10/13	Chester Le Street Junior Meet 2013	Chester-le-Street	Cockermouth	3
5:13.34	402	Н	07/09/13	Workington 4th Presidents Open Meet	Workington	Cockermouth	3
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