

Individual Best Times (All Time)

Nathan Salkeld - (740388) - Carlisle Aquatics - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:00.47	295	H	08/03/15	2015 Cumbria Age Groups & County Championships	Kendal		2
3:03.48	280	F	27/04/14	2014 Dumfries ASC Graded Meet	Dumfries	Carlisle Aq	2
3:04.17	277	H	23/11/14	Liverpool & Dist Inter Association Gala	Huyton		2
3:05.16	273	H	25/10/14	Chester le Street Junior Meet	Chester-le-Street		3
3:05.33	272	H	09/03/14	Cumbrian Age Groups and County Champs	Kendal	Carlisle Aq	2
3:05.99	269	H	11/01/15	Carlisle Aquatics Club Championships	Carlisle		4
3:07.80	261	H	13/09/14	Workington ASC 5th Presidents Open Gala	Cumbria		3
3:09.35	255	H	25/01/15	2015 Cumbria Winter Meet	Workington		3
3:09.36	255	H	08/02/14	Middlesbrough ASC AA Grade 2014	Middlesbrough	Carlisle Aq	3
3:14.47	235	H	30/03/14	North Tyneside Mad March Hare Extravaganza	Stanley	Carlisle Aq	3
3:14.56	235	H	01/12/13	Cumbria S & WPA Interassociation	Blackpool	Carlisle Aq	2
3:16.27	229	H	26/01/14	2014 Cumbria Winter Meet	Whitehaven	Carlisle Aq	3
3:19.02	220	H	17/11/13	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
3:19.49	218	H	21/09/13	2013 Cumbria ASA Inter- Association Qualifier	Carlisle	Carlisle Aq	3
3:21.91	210	F	08/06/13	Dumfries Open Meet	Dumfries	Carlisle Aq	2
3:22.69	208	H	23/02/13	Derwentside ASC Development Meet	Stanley	Carlisle Aq	3
3:24.68	202	F	28/04/13	Dumfries Graded Meet 2013	Dumfries	Carlisle Aq	2
3:25.03	201	H	10/03/13	Cumbria Age Group & County Championships	Kendal	Carlisle Aq	2
3:40.75	161	H	24/03/12	Cumbria Age Groups & County Champs	Kendal	Carlisle Aq	2

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