Individual Best Times (All Time)

Nathan Salkeld - (740388) - Carlisle Aquatics - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:59.81	354	H	18/04/15	South Tyneside ASC Spring Meet	South Shields		3
5:00.99	350	H	14/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven		2
5:18.12	297	F	26/04/14	2014 Dumfries ASC Graded Meet	Dumfries	Carlisle Aq	2
5:20.32	290	H	15/03/14	Cumbria County Championships	Whitehaven	Carlisle Aq	2
5:22.86	284	H	25/10/14	Chester le Street Junior Meet	Chester-le-Street		3
5:24.87	278	H	13/09/14	Workington ASC 5th Presidents Open Gala	Cumbria		3
5:32.22	260	H	30/11/13	Cumbria S & WPA Interassociation	Blackpool	Carlisle Aq	2
5:38.08	247	H	18/01/15	Carlisle Aquatics Club Championships	Carlisle		4
5:47.95	226	F	09/06/13	Dumfries Open Meet	Dumfries	Carlisle Aq	2
5:52.19	218	H	21/09/13	2013 Cumbria ASA Inter- Association Qualifier	Carlisle	Carlisle Aq	3
6:14.50	182	H	24/11/12	2012 Cumbria Autumn Graded Series	Kendal	Carlisle Aq	3

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