

Individual Best Times (All Time)

Jessica McDonough - (740159) - Stockport Metro SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:55.47	673	H	18/11/17	Stockport Metro November Meet 2017	Stockport	Ellesmere Co	2
5:03.02	623	H	26/02/17	Shropshire County Championships 2017	Wolverhampton	Ellesmere Co	2
5:04.45	615	H	19/11/16	Stockport Metro November Open Meet	Stockport	Ellesmere Co	2
5:10.66	579	F	15/10/16	Shrewsbury Autumn Meet 2016	Wolverhampton	Ellesmere Co	3
5:11.41	574	H	06/11/16	Midland Short Course Championships 2016	Nottingham	Ellesmere Co	2
5:38.28	448	H	18/11/14	Southport Club Championships	Southport		4

Swims in Date Order

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