

Individual Best Times (All Time)

Oswald Hood - (739170) - Adwick (Doncaster) SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:02.85	466	H	20/07/14	City of Bradford SC End of Season A B Graded Meet	ShIPLEY		3
5:12.55	424	H	26/10/14	City of Leeds Grand Prix	Leeds		2
5:17.40	404	H	01/12/13	ASA North East Region Senior & Junior Meet	Sunderland	Adwick	2
5:22.05	387	H	28/07/13	City of Bradford SC End of Season Meet	ShIPLEY	Adwick	3
5:48.23	306	H	04/11/12	York City Baths SC Regional Qualifier 2012	York	Adwick	3
6:06.48	263		07/11/11	Doncaster Dartes Distance Meet	Doncaster	Adwick	3

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