

Individual Best Times (All Time)

Iestyn Francis - (735801) - Rhondda Cynon Taf Performance Sw - 100 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:10.55	310	F	12/07/15	Torfaen Dolphins Spring Meet 2015	Newport		2
1:11.22	301	F	24/10/15	Walkers Tigers 34th Autumn Open Meet 2015	Jersey	RCT Squad	3
1:22.00	197	F	25/10/14	Walkers Tigers 33rd Autumn Open Meet	Jersey		3
1:22.68	192	F	30/06/13	Torfaen Dolphins Open Meet 2013	Newport		2
1:23.88	184	F	06/10/13	Llantrisant Sharks Open Meet	Rhondda		3
1:23.89	184	F	05/10/14	Llantrisant Sharks Open Meet	Rhondda		3
1:25.15	176	F	26/10/13	Tigers (Jersey) SC32nd Autumn Open Meet	Jersey		3
1:26.14	170	F	01/12/13	South East Wales Sub Regional Gala	Newport		4
1:27.53	162	F	27/10/12	Tigers SC 31st Autumn Open Meet	Jersey		3
1:29.70	151	F	24/11/12	South East Wales Sub Regional Meet	Newport		4
1:38.77	113	H	14/07/12	Gemau Cymru 2012	Cardiff		1
1:38.79	113	F	23/06/12	Torfaen SC Open Meet 2012	Torfaen		2
1:47.86	86	H	02/10/11	Llantrisant Sharks Birthday Gala	Llantrisant		3
1:50.93	79	F	02/10/11	Llantrisant Sharks Birthday Gala	Llantrisant		3
1:50.99	79	F	22/10/11	AIB Tigers 30th Autumn Open Meet Level 3	Jersey		3
2:08.78	51	F	05/06/10	SE Wales Development	Newport		4
2:21.46	38	H	03/10/10	Llantrisant Open Meet	LLantrisant		4

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1:47.86	86	H	02/10/11	Llantrisant Sharks Birthday Gala	Llantrisant	3
2:21.46	38	H	03/10/10	Llantrisant Open Meet	LLantrisant	4
2:08.78	51	F	05/06/10	SE Wales Development	Newport	4