

Individual Best Times (All Time)

Jan Salcedo - (735735) - Bushey Amateur Swimming Club - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:21.49	416	F	18/01/14	Watford County Qualifier Open Meet	Watford	Watford SC	3
2:22.01	411	F	24/11/13	Watford Middle Distance & 50m Sprint Open	Watford	Watford SC	3
2:23.04	402	F	08/03/14	Hertfordshire ASA County Championships	Borehamwood	Watford SC	2
2:23.93	395	F	29/06/14	WSC Terry Davies Alternative Nationals	Watford	Watford SC	3
2:24.40	391	F	20/10/13	Hemel Hempstead 100th Birthday Open Meet	Hemel Hempstead	Watford SC	3
2:24.79	388	F	04/10/13	Watford SC Club Champs Middle Distance	Watford	Watford SC	4
2:24.99	386	F	30/06/13	Watford SC Alternative Nationals Open Meet	Watford	Watford SC	3
2:25.96	379	F	20/04/13	City of Milton Keynes SC Spring Open	Bletchley	Watford SC	2
2:28.16	362	F	16/03/13	Hertfordshire County Championships	Borehamwood	Watford SC	2
2:30.31	347	F	19/01/13	Watford County Qualifier Open Meet	Watford	Watford SC	3
2:30.33	346	F	23/11/14	Watford MD & Sprints Open Meet	Watford	Watford SC	3
2:34.16	321	F	01/07/12	WSC Alternative Nationals	Watford	Watford SC	3
2:35.23	315	F	14/01/12	Watford County Qualifier Meet	Watford	Watford SC	3
2:36.24	309	F	11/02/12	Ealing Short Course Open Meet	Ealing	Watford SC	3
2:40.01	287	F	27/11/11	Watford Middle Distance & Sprint Open	Watford	Watford SC	3
2:46.08	257	F	04/11/11	Watford Club Championships	Watford	Watford SC	4
2:46.30	256	F	10/07/11	Watford SC Alternative Nationals Open	Watford	Watford SC	3
2:47.80	249	F	19/06/11	Maxwell Summer Meet	Aylesbury	Watford SC	3
2:48.76	245	H	17/04/11	Team Luton Open Meet	London	Watford SC	2
2:56.32	215		15/01/11	Watford County Qualifier Open Meet	Watford	Watford SC	3
3:34.57	119		21/10/09	Watford Club Champs	Watford	Watford SC	4

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