

Individual Best Times (All Time)

Jan Salcedo - (735735) - Bushey Amateur Swimming Club - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:04.87	413	F	27/06/15	The Terry Davies Alternative Nationals	Watford	Bushey	3
1:05.13	408	F	19/01/14	Watford County Qualifier Open Meet	Watford	Watford SC	3
1:05.17	407	F	22/11/15	Watford November County Qualifier Open Meet	Watford	Bushey	3
1:05.21	407	F	06/07/14	Watford Club Championships	Watford	Watford SC	4
1:05.46	402	H	05/12/15	Bushey ASC TT3 - County Qualifier Last Chance	Bushey	Watford SC	4
1:05.52	401	H	07/11/15	ASA East Region Winter Championships 2015	Luton		2
1:05.63	399	F	23/06/13	Watford SC Club Championships Sprints	Watford	Watford SC	4
1:05.63	399	F	23/01/16	Hertfordshire County Championships	Borehamwood	Bushey	2
1:05.76	396	F	12/12/15	National Arena League-London Div1&2 Rounds123	Braintree	Bushey	3
1:05.82	395	F	28/06/14	WSC Terry Davies Alternative Nationals	Watford	Watford SC	3
1:06.08	391	F	15/03/14	Hertfordshire County Championships	Borehamwood	Watford SC	2
1:06.14	390	F	10/10/15	National Arena League-London Div1&2 Rounds123	Enfield	Bushey	3
1:06.19	389	F	14/11/15	National Arena League-London Div1&2 Rounds123	Watford	Bushey	3
1:06.78	379	F	29/06/13	Watford SC Alternative Nationals Open Meet	Watford	Watford SC	3
1:06.94	376	F	19/10/13	Hemel Hempstead 100th Birthday Open Meet	Hemel Hempstead	Watford SC	3
1:07.03	374	F	12/10/13	The National Arena Swimming League London	Hertfordshire	Watford SC	2
1:07.14	372	F	23/03/13	Hertfordshire County Championships	Borehamwood	Watford SC	2
1:07.33	369	F	09/11/13	The National Arena Swimming League London	Harlow	Watford SC	2
1:08.09	357	F	10/12/16	NASL London	Hatfield	Bushey	3
1:08.91	344	H	05/07/15	Bushey Time Trials 2	Bushey	Watford SC	4
1:09.29	339	F	30/06/12	WSC Alternative Nationals	Watford	Watford SC	3
1:09.42	337	F	20/01/13	Watford County Qualifier Open Meet	Watford	Watford SC	3
1:09.78	332	F	12/11/16	NASL London	Watford	Bushey	3
1:10.28	325	F	24/11/12	Hatfield UKC Winter Wonderland Meet	Hatfield	Watford SC	2
1:10.63	320	H	12/05/12	Hatfield SC UK Challenge	Hatfield	Watford SC	2
1:11.57	307	H	21/04/12	Team Luton SC Short Course Open Meet	Watford	Watford SC	3
1:12.13	300	F	24/02/13	Hertfordshire ASA County Championships	Borehamwood	Watford SC	2

1:12.12	300	F	24/03/12	Hertfordshire ASA County Championships	Borehamwood	Watford SC	
1:12.24	299	F	04/02/12	Hatfield UKC Valentines Meet	Hatfield	Watford SC	2
1:12.38	297	F	12/02/12	Ealing Short Course Open Meet	Ealing	Watford SC	3
1:12.81	292	F	15/01/12	Watford County Qualifier Meet	Watford	Watford SC	3
1:16.65	250	F	15/10/11	Hemel Hempstead 98th Birthday Meet	Hemel Hempstead	Watford SC	3
1:17.37	243	F	05/10/11	Watford Club Championships	Watford	Watford SC	4
1:17.71	240	F	09/07/11	Watford SC Alternative Nationals Open	Watford	Watford SC	3
1:18.81	230	F	18/06/11	Maxwell Summer Meet	Aylesbury	Watford SC	3
1:20.55	215	F	08/05/11	Stevenage SC May Open Meet	Stevenage	Watford SC	3
1:29.09	159	F	16/10/10	Hemel Hempstead Birthday	Hemel Hempstead	Watford SC	3
1:46.68	92		07/10/09	Watford Club Champs	Watford	Watford SC	4

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