

Individual Best Times (All Time)

Lydia Denby - (734866) - Carnforth & Dist Otters - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:09.59	417	H	11/01/15	North Lancashire Age Groups & Youth Championships	Blackpool		2
5:12.48	405	H	27/09/15	North Lancashire Level 2 Meet	Blackpool		2
5:13.80	400	F	16/11/14	Wigan BEST Future Stars Open Meet	Wigan	Carnforth	2
5:14.56	397	H	23/05/14	Blackpool Rocks Level 3 Open Meet	Blackpool		3
5:19.92	377	H	29/04/16	Blackpool Rocks 2016	Blackpool	Carnforth	3
5:25.33	359	H	18/01/14	North Lancashire Age Groups 2014	Blackpool	Carnforth	3
5:33.06	334	H	24/05/13	Blackpool "Rocks" Level 3 Open Meet	Blackpool	Carnforth	3
5:45.47	300	H	19/01/13	North Lancashire AG & Youth Champs	Blackpool	Carnforth	3

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