

# Individual Best Times (All Time)

Lydia Denby - (734866) - Carnforth & Dist Otters - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:46.79	362	H	24/01/15	North Lancashire Age Groups & Youth Championships	Blackpool		2
2:49.86	343	H	02/05/15	Blackpool Rocks Level 3 Open Meet	Blackpool		3
2:53.56	321	H	31/10/15	Blackpool 'Lights' Level 3 Development Meet	Blackpool		3
2:54.70	315	H	25/10/14	North Lancashire Gala	Blackpool		3
2:59.70	289	H	08/12/13	Preston Christmas Countdown 2013	Blackburn	Carnforth	3
3:01.80	280	H	18/01/14	North Lancashire Age Groups 2014	Blackpool	Carnforth	3
3:04.74	266	H	25/05/13	Blackpool "Rocks" Level 3 Open Meet	Blackpool	Carnforth	3
3:07.93	253	H	20/07/13	City of Salford SC Summer Olympic	Salford	Carnforth	3
3:16.66	221	F	02/12/12	Percy Mason Memorial Gala	Warrington	Carnforth	3
3:19.29	212	H	03/02/13	North Lancashire AG & Youth Champs	Blackpool	Carnforth	3
3:23.15	200	H	28/10/12	North Lancs SC L3 Meet	Blackpool	Carnforth	3
3:26.34	191	H	07/07/12	City of Salford SC Summer Spectacular	Salford	Carnforth	3
3:26.47	191	H	26/05/12	Blackpool Rocks Open Meet	Blackpool	Carnforth	3
3:34.41	170	H	05/02/12	North Lancashire Age Groups & Youth Meet	Blackpool	Carnforth	3

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