

Individual Best Times (All Time)

Rachel Sharples - (73478) - Edinburgh University - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:07.38	597		07/11/10	Aberdeen Mitchell Trophy	Inverness	Musselburgh	2
5:12.62	568	H	27/11/10	Stockport Metro Open Meet	Stockport	Musselburgh	2
5:13.73	562	F	09/01/11	British Gas Scottish National SC Open	Glasgow	Musselburgh	1
5:14.79	556	F	31/10/09	East District Age Group	Glenrothes	Musselburgh	1
5:19.90	530		17/01/10	Scottish National Champs	Glasgow	Musselburgh	1
5:20.87	525	F	10/10/10	East Lothian Distance Champs	Prestopans	Musselburgh	2
5:29.53	485		01/11/08	SASA East District AG	Glenrothes	Musselburgh	1
5:31.18	477		18/01/09	Scottish Nationals SC	Tollcross	Musselburgh	1
6:18.81	319		03/11/07	East District Age Groups	Glenrothes	Musselburgh	1
6:27.75	297	H	22/04/07	Harrogate Spa Town Dist	Harrogate	Musselburgh	1

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